

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal  
What  
Makes  
Love Last  
How To  
Build  
Trust And  
Avoid  
Betrayal

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What Makes Love  
Last How To Build  
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A world-renowned relationship expert shares his research about love and what it takes to develop a trustful, intimate, and emotionally fulfilling bond. In this insightful

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book, celebrated  
research  
psychologist and  
couples  
counselor John  
Gottman plumbs  
the mysteries of  
love and shares  
the results of his  
famous "Love  
Lab": Where  
does love come

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from? Why does  
some love last,  
and why does  
some fade? And  
how can we keep  
it alive? Based on  
laboratory  
findings, this  
book shows  
readers how to  
identify signs,  
behaviors, and

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attitudes that  
Trust And Avoid  
Betrayal

indicate a fraying  
relationship and  
provides  
strategies for  
repairing what  
may seem lost or  
broken.

What makes love  
last a lifetime?  
No one marries  
intending to fail.

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Each couple that says "I do" hopes for a long and beautiful life together. But as time passes, many drift apart, and some eventually call it quits. But what about the ones who stay the

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course, who  
don't just bear  
through marriage  
but actually love  
it? What's their  
secret? It's  
simple, really:  
there is no  
secret. They  
follow God's  
revealed design.

In Lasting Love,

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Alistair Begg unfolds this design. After laying theological foundations, he builds levels of application, showing how God's blueprint makes marriages sturdy and vibrant. Ideal for



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both those  
considering  
marriage and  
those already  
married, Lasting  
Love is a  
comprehensive  
book on the  
essentials of a  
great and godly  
union, such as:  
What the Bible

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What Makes Love

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says about

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marriage vows,

gender roles, and

parenting What to

look for in a

potential spouse

How to cure and

prevent marital

decay Heed the

advice of this

pastor who has

seen too many

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marriages come  
Trust And Avoid  
and go. Let yours  
Betrayal  
last a lifetime.

Includes a study  
guide for spouse  
and group  
discussion to  
help you put the  
book's principles  
to practice.

As her son grows  
up from little boy

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to adult man, a  
mother secretly  
rocks him each  
night as he  
sleeps.

"One of the  
foremost  
relationship  
experts at work  
today applies the  
insights of  
science toward

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understanding  
Trust And Avoid  
Betrayal

the real meaning  
of trust between  
a couple. He  
decodes the  
"why" behind  
betrayal and  
shows how  
partners can  
avoid or recover  
from  
unfaithfulness

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and maintain a  
Trust And Avoid  
loving  
Betrayal

relationship. Dr.  
John Gottman,  
the country's pre-  
eminent  
researcher on  
marriage, is  
famous for his  
Love Lab at the  
University of  
Washington in

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Seattle where he  
deciphers the  
mysteries of  
human  
relationships  
through scientific  
research. His  
thirty-five years  
of exploration  
have earned him  
numerous major  
awards, including

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from the National  
Institute of  
Mental Health,  
the American  
Psychological  
Association, and  
the American  
Association for  
Marriage and  
Family Therapy.  
Now, Dr. Gottman  
offers surprising



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findings and  
advice on the  
characteristic  
that is at the  
heart of all  
relationships:  
Trust. Dr.  
Gottman has  
developed a  
formula that  
precisely  
calculates any

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couple's loyalty  
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level. The results determine a relationship's likely future, including the potential for one or both partners to stray. A Love You Can Trust shows couples how to bolster

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their trust level  
and avoid what  
Dr. Gottman calls  
the "Roach Motel  
for Lovers." He  
describes how  
the outcome  
of--"sliding door  
moments," small  
pivotal points  
between a  
couple, can lead

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either to more emotional connection or to discontent. He suggests a new approach to handling adultery and reveals the varied and unexpected non-sexual ways that couples often

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betray each  
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other. A Love  
You Can Trust  
guides couples  
through an  
empirically  
tested, trust-  
building program  
that will let them  
repair and  
maintain a long-  
term, intimate,

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and romantic  
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relationship" --  
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The ancient  
Toltecs believed  
that life as we  
perceive it is a  
dream. We each  
live in our own  
personal dream,  
and all of our  
dreams come  
together to make

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the Dream of the Planet. Problems arise when we forget that the dream is just a dream and fall victim to believing that we have no control over it. "The Mastery of Self" takes the Toltec

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philosophy of the  
Trust And Avoid  
Dream of the  
Betrayal  
Planet and the  
personal dream  
and explains how  
a person can:  
Wake upLiberate  
themselves from  
illusory beliefs  
and storiesLive  
with authenticity  
Once released,



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we can live as  
our true,  
authentic, loving  
self, not only in  
solitude and  
meditation, but in  
any place--at the  
grocery store,  
stuck in traffic,  
etc.--and in any  
situation or  
scenario that

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confronts us. The Ruiz family has an enormous following, and this new book from don Miguel, Jr. will be greeted with enthusiasm by fans around the world. This new book from don Miguel, Jr.

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will be greeted  
with enthusiasm  
by fans around  
the world.

The Mastery of  
Self

Home Made

The Five Love  
Languages

The Choices That  
Make Love Last  
A Novel

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Can Love Last?:  
The Fate of  
Romance Over  
Time

Couple Skills

*From the world's  
foremost neuroscientist  
of romantic love comes a  
personal story of  
connection and  
heartbreak that brings  
new understanding to an  
old truth: better to have*

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*loved and lost than never  
to have loved at all. At  
thirty-seven, Dr.*

*Stephanie Cacioppo was  
content to be single. She  
was fulfilled by her  
work on the neuroscience  
of romantic love—how  
finding and growing with  
a partner literally  
reshapes our brains. That  
was, until she met the  
foremost neuroscientist  
of loneliness. A*

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*whirlwind romance led to marriage and to sharing an office at the University of Chicago.*

*After seven years of being inseparable at work and at home, Stephanie lost her beloved husband, John, following his intense battle with cancer. In*

*Wired for Love, Stephanie tells not just a science story but also a*

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*love story. She shares revelatory insights into how and why we fall in love, what makes love last, and how we process love lost—all grounded in cutting-edge findings in brain chemistry and behavioral science.*

*Woven through it all is her moving personal story, from astonishment to unbreakable bond to grief and healing. Her*

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*experience and her work  
enrich each other,*

*creating a singular blend  
of science and lyricism  
that's essential reading  
for anyone looking for  
connection.*

*Remember the excitement  
of meeting someone new  
You seem to easily talk  
for hours about anything  
that comes to mind, and  
get butterflies just  
thinking about them.*



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*Months go by, and you love everything about this person, you buy each other gifts for no reason and both really make an effort. Then suddenly, that honeymoon period ends. What happened? Is there an EASY way to get that MAGIC back? The Choices That Make Love Last, by Sarah Hart goes into the complex issue of how to make love work,*

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## What Makes Love Last How To Build Trust And Avoid Betrayal

*in an easy to understand way. It dives into important aspects of any solid relationship, including practicing open communication, mindfulness and sex tips, and includes stories from couples that have gone the distance on what makes their relationship work, as well as actionable steps you can take in your relationship*

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*to keep the flame burning  
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*going into both the small  
and the more significant  
choices we can make  
throughout our daily  
lives regarding ourselves,  
our partners and our  
relationships, we can  
enjoy closer bonds again  
and get through what life  
throws our way.*

*Ultimately, when it  
comes to creating solid*

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*relationships that work for the long-term, it's all about those little choices that help fortify the relationship and make the big decisions easier. Do you want your partner to look at you with an insatiable desire every day? Do you want to learn the skills to set up your next relationship so that the honeymoon period doesn't have to*

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*end? Or do you want to  
reignite your marriage  
and get back the person  
who you fell in love  
with? Discover how to  
create that love and  
excitement again and  
make it last - scroll up,  
click the buy button and  
start reading now!*

*From the country's  
foremost relationship  
expert and New York  
Times bestselling author*

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*Dr. John M. Gottman  
comes a powerful, simple  
five-step program, based  
on twenty years of  
innovative research, for  
greatly improving all of  
the relationships in your  
life—with spouses and  
lovers, children, siblings,  
and even your colleagues  
at work. Gottman  
provides the tools you  
need to make your  
relationships thrive. In*

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*The Relationship Cure,  
Dr. Gottman: - Reveals  
the key elements of  
healthy relationships,  
emphasizing the  
importance of what he  
calls “emotional  
connection” - Introduces  
the powerful new concept  
of the emotional “bid,”  
the fundamental unit of  
emotional connection -  
Provides remarkably  
empowering tools for*

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*improving the way you  
bid for emotional  
connection and how you  
respond to others' bids -  
And more! Packed with  
fascinating  
questionnaires and  
exercises developed in his  
therapy, The  
Relationship Cure offers  
a simple but profound  
program that will  
fundamentally transform  
the quality of all of the*



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*relationships in your life.*  
From New York

*Times—bestselling authors*

*Dr. John Gottman and*

*Dr. Julie Schwartz*

*Gottman, a simple yet*

*powerful plan to*

*transform your*

*relationship in seven*

*days What makes love*

*last? Why does one*

*couple stay together*

*forever, while another*

*falls apart? And most*

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What Makes Love  
Last How To Build

*importantly, is there a  
scientific formula for  
love? For the past forty*

*years, Drs. John  
Gottman and Julie  
Schwartz Gottman have  
been studying love.*

*They've gathered data on  
over three thousand  
couples, looking at  
everything from their  
body language to the way  
they converse to their  
stress hormone levels.*

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*Their goal: to identify the building blocks of love.*

*The Love Prescription distills their life's work into a bite-size, seven-day action plan with easy, immediately actionable steps. There will be no grand gestures and no big, hard conversations. There's nothing to buy or do to prepare. Anyone can do this, from any starting*

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*point. There is a formula for a good relationship, and this book will show you how a few small changes can fundamentally transform your relationship for the better.*

*The experts at the Love Lab introduce a series of effective tools and practical steps for couples looking to improve or preserve their*

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*relationships, explaining  
how to identify common  
problems and to develop  
positive ways to avoid  
these destructive pitfalls.  
Reprint. 40,000 first  
printing.*

*America's Love Lab  
Experts Share Their  
Strategies for  
Strengthening Your  
Relationship  
Eight Dates*

*A Couple's Road Map*  
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*How to Build Trust and  
Avoid Betrayal*

*Lasting Love*

*And How You Can Make  
Yours Last*

*Essential Conversations  
for a Lifetime of Love*

ABC's chief  
medical

correspondent helps  
you ring in the New  
Year right with a  
resolution that's

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actually doable: a year-long plan to improve your emotional and physical health—from giving up alcohol to doing a digital detox, but each for only one month. Dr. Jennifer Ashton is at the top of her field as an ob-gyn and news

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correspondent. But even at the top there's still room to improve, and with The Self-Care Solution, she upends her life one month at a time, using her own experiences to help you improve your health and enhance your life.



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Dr. Ashton becomes  
both researcher and  
subject as she

focuses on twelve  
separate challenges.

Beginning with a  
new area of focus  
each month, she  
guides you through  
the struggles she  
faces, the benefits  
she experiences, and

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the science behind why each month's challenge—giving up alcohol, doing more push-ups, adopting an earlier bedtime, limiting technology—can lead to better health.

Month by month, Dr. Ashton tackles a different area of

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wellness with the hope that the lessons she learns and the improved health she experiences will motivate her (and you) to make each change permanent. Throughout, she offers easy-to-comprehend health information about

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the particular challenge to help you understand its benefits and to stick with it. Whether it's adding cardio or learning how to meditate, Dr. Ashton makes these daily lifestyle choices and changes feel possible—and shows

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how beneficial a  
mindful lifestyle can  
be. Inspiring,  
practical, and  
informative,  
illustrated with  
helpful photos and  
charts, The Self-  
Care Solution  
teaches you how to  
recalibrate your life  
to enjoy a better,

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healthier year, one  
Trust And Avoid  
month at a time.  
Betrayal

Featuring guidance  
from top experts,  
entertaining case  
studies, easy-to-  
follow advice and  
tips, and Dr.

Ashton's  
observations and  
insights, this book  
can help you achieve

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a better life balance  
Trust And Avoid  
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and a more active  
and healthy lifestyle.

"Seth Stephens-  
Davidowitz is more  
than a data scientist.  
He is a prophet for  
how to use the data  
revolution to  
reimagine your life.  
Don't Trust Your  
Gut is a tour de

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force—an  
Trust And Avoid  
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intoxicating blend of  
analysis, humor, and  
humanity.” — Daniel

H. Pink, #1 New  
York Times

bestselling author of  
When, Drive, and To  
Sell Is Human Big  
decisions are hard.

We consult friends  
and family, make



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sense of confusing  
“expert” advice  
online, maybe we  
read a self-help book  
to guide us. In the  
end, we usually just  
do what feels right,  
pursuing high stakes  
self-  
improvement—such  
as who we marry,  
how to date, where

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to live, what makes us happy—based solely on what our gut instinct tells us. But what if our gut is wrong? Biased, unpredictable, and misinformed, our gut, it turns out, is not all that reliable. And data can prove this. In *Don't Trust*

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Your Gut,  
Trust And Avoid  
Betrayal  
economist, former  
Google data

scientist, and New  
York Times

bestselling author

Seth Stephens-

Davidowitz reveals

just how wrong we

really are when it

comes to improving

our own lives. In the

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past decade, scholars have mined enormous datasets to find remarkable new approaches to life's biggest self-help puzzles. Data from hundreds of thousands of dating profiles have revealed surprising successful strategies

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to get a date; data from hundreds of millions of tax records have uncovered the best places to raise children; data from millions of career trajectories have found previously unknown reasons why some rise to the

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top. Telling  
fascinating,  
unexpected stories  
with these numbers  
and the latest big  
data research,  
Stephens-  
Davidowitz exposes  
that, while we often  
think we know how  
to better ourselves,  
the numbers

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disagree. Hard facts  
and figures  
consistently  
contradict our  
instincts and  
demonstrate self-  
help that actually  
works—whether it  
involves the best  
time in life to start a  
business or how  
happy it actually

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makes us to skip a friend's birthday party for a night of Netflix on the couch.

From the boring careers that produce the most wealth, to the old-school, data-backed relationship advice so well-worn it's become a literal joke, he unearths the



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startling conclusions  
that the right data  
can teach us about  
who we are and what  
will make our lives  
better. Lively,  
engrossing, and  
provocative, the end  
result opens up a  
new world of self-  
improvement made  
possible with

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massive troves of data. Packed with fresh, entertaining insights, Don't Trust Your Gut redefines how to tackle our most consequential choices, one that hacks the market inefficiencies of life and leads us to make smarter decisions

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about how to  
improve our lives.

Because in the end,  
the numbers don't  
lie.

Love takes work,  
but, when it comes  
to relationships, it  
pays to work  
smarter. Couple  
Skills, Second  
Edition, revised and

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updated from the the  
rapist-recommended  
classic, will show  
you how to work  
smarter in your  
relationship. You'll  
learn to improve  
communication,  
cope better with  
problems, and  
resolve conflicts  
with the one you

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love in healthy and creative ways. Each chapter teaches you an essential skill that supports greater relationship satisfaction and deeper intimacy.

New to this edition is a chapter on using acceptance skills, developed from the

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revolutionary new  
acceptance and  
commitment therapy  
(ACT). These new  
approaches will help  
you to accept your  
partner's feelings  
(and your own  
emotions) without  
judgment. Using  
these techniques will  
help you decide

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what you really  
value in your  
relationship and then  
commit to acting in  
ways that further  
those values every  
day.

NEW YORK  
TIMES EDITORS'  
CHOICE • An  
“extraordinary”  
(The New York

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Times Book  
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Review) tender and  
vivid memoir about  
the radical grace we  
discover when we  
consider ourselves  
bound together in  
community, and a  
moving account of  
one woman's  
attempt to answer  
the essential



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question Who are we  
to one another?

“Your heart will be  
altered by this  
book.”—Gregory  
Boyle, S.J., New  
York Times

bestselling author of  
Tattoos on the Heart  
Liz Hauck and her  
dad had a plan to  
start a weekly

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cooking program in a residential home for teenage boys in state care, which was run by the human services agency he co-directed. When her father died before they had a chance to get the project started, Liz decided she would

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try it without him.  
She didn't know  
what to expect from  
volunteering with  
court-involved  
youth, but as a high  
school teacher she  
knew that teenagers  
are drawn to food-  
related activities,  
and as a daughter,  
she believed that if

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she and the kids  
made even a single  
dinner together she  
could check one box  
off her father's long,  
unfinished to-do list.  
This is the story of  
what happened  
around the table, and  
how one dinner  
became one hundred  
dinners. "The kids

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picked the menus, I bought the groceries,” Liz writes, “and we cooked and ate dinner together for two hours a week for nearly three years.

Sometimes improvisation in kitchens is disastrous. But

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sometimes, a combination of elements produces something spectacularly unexpected. I think that's why, when we don't know what else to do, we feed our neighbors.”

Capturing the clumsy

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choreography of  
cooking with other  
people, this is a  
sharply observed  
story about the ways  
we behave when we  
are hungry and the  
conversations that  
happen at the  
intersections of  
flavor and memory,  
vulnerability and

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strength, grief and  
Trust And Avoid  
connection.  
Betrayal

NAMED ONE OF  
THE BEST BOOKS  
OF THE YEAR BY  
SHE READS

Just as Masters and  
Johnson were  
pioneers in the study  
of human sexuality,  
so Dr. John Gottman  
has revolutionized



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the study of  
marriage. As a  
professor of  
psychology at the  
University of  
Washington and the  
founder and director  
of the Seattle Marital  
and Family Institute,  
he has studied the  
habits of married  
couples in

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unprecedented detail over the course of many years. His findings, and his heavily attended workshops, have already turned around thousands of faltering marriages. This book is the culmination of his life's work: the seven

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Last How To Build  
Trust And Avoid  
Betrayal

principles that guide couples on the path toward a harmonious and long-lasting relationship.

Straightforward in their approach, yet profound in their effect, these principles teach partners new and startling strategies

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Trust And Avoid  
Betrayal

for making their  
marriage work.

Gottman helps  
couples focus on  
each other, on  
paying attention to  
the small day-to-day  
moments that, strung  
together, make up  
the heart and soul of  
any relationship.

Being thoughtful

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about ordinary  
matters provides  
spouses with a solid  
foundation for  
resolving conflict  
when it does occur  
and finding  
strategies for living  
with those issues  
that cannot be  
resolved. Packed  
with questionnaires

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Trust And Avoid  
Betrayal  
and exercises whose  
effectiveness has  
been proven in Dr.

Gottman's  
workshops, The  
Seven Principles for  
Making Marriage  
Work is the  
definitive guide for  
anyone who wants  
their relationship to  
attain its highest

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Betrayal

potential. The Seven Principles for Making Marriage Work is the result of Dr. John Gottman's many years of closely observing thousands of marriages. This kind of longitudinal research has never been done before.

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Betrayal

Based on his findings, he has culled seven principles essential to the success of any marriage. Maintain a love map. Foster fondness and admiration. Turn toward instead of away. Accept influence. Solve



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What Makes Love  
Last How To Build  
solvable conflicts.  
Trust And Avoid  
Cope with conflicts  
Betrayal  
you can't resolve.

Create shared  
meaning. Dr.  
Gottman's unique  
questionnaires and  
exercises will guide  
couples on the road  
to revitalizing their  
marriage, or making  
a strong one even

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Last How To Build  
better.

Trust And Avoid  
Betrayal  
A Leading Couples  
Therapist Shares the  
Simple Secrets That  
Will Help Save Your  
Relationship

Using Data to Get  
What You Really  
Want in Life

How to Avoid  
Marital Failure

Love in the Time of

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Last How To Build  
Contagion  
Trust And Avoid  
A Year of Becoming  
Betrayal  
Happier, Healthier,  
and Fitter--One  
Month at a Time  
A 5 Step Guide to  
Strengthening Your  
Marriage, Family,  
and Friendships  
The Science of  
Trust: Emotional  
Attunement for

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What Makes Love  
Last How To Build  
Couples  
Trust And Avoid  
Betrayal  
**Results from world-**  
**renowned**

**relationship expert**  
**John Gottman's**  
**famous Love Lab**  
**have proven an**  
**incredible truth:**  
**Men make or break**  
**relationships.**  
**Based on 40 years**  
**of research, The**

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Betrayal

**Man's Guide to  
Women unlocks the  
mystery of how to  
attract, satisfy, and  
succeed with a  
woman for a  
lifetime. For the  
first time ever,  
there is a science-  
based answer to the  
age-old question:  
What do women**

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**really want in a  
man? Dr. Gottman,  
author of the New  
York Times  
bestseller The  
Seven Principles  
for Making  
Marriage Work,  
and his wife and  
collaborator,  
clinical  
psychologist Julie**

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Last How To Build  
**Schwartz Gottman,**  
**PhD, have pored**  
**over the research**  
**along with**  
**bestselling**  
**coauthors Douglas**  
**Abrams and Rachel**  
**Carlton Abrams,**  
**MD. Together, they**  
**have written this**  
**definitive guide for**  
**men, providing**

Online Library  
What Makes Love  
Last How To Build  
**answers on**  
Trust And Avoid  
Betrayal  
**everything from**  
**how to approach a**  
**woman and build a**  
**connection with her**  
**to how to truly**  
**satisfy her in bed**  
**and know when the**  
**relationship is on**  
**the right track. The**  
**Man's Guide to**  
**Women is a must-**



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What Makes Love  
Last How To Build  
**have playbook for  
Trust And Avoid  
Betrayal**  
**how to play—and  
win—the game of  
love.**

**Psychologist John  
Gottman has spent  
twenty years  
studying what  
makes a marriage  
last. Now you can  
use his tested  
methods to**

Online Library  
What Makes Love  
Last How To Build  
**evaluate,**  
Trust And Avoid  
Betrayal  
**strengthen, and**  
**maintain your own**

**long-term  
relationship. This  
breakthrough book  
guides you through  
a series of self-tests  
designed to help  
you determine what  
kind of marriage  
you have, where**

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What Makes Love  
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**your strengths and weaknesses are, and what specific actions you can take to help your marriage. You'll also learn that more sex doesn't necessarily improve a marriage, frequent arguing will not lead to**

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What Makes Love  
Last How To Build  
Trust And Avoid  
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**divorce, financial  
problems do not  
always spell trouble**

**in a relationship,  
wives who make  
sour facial  
expressions when  
their husbands talk  
are likely to be  
separated within  
four years and  
there is a reason**

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What Makes Love  
Last How To Build  
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Betrayal

**husbands withdraw  
from  
arguments—and  
there's a way  
around it. Dr.  
Gottman teaches  
you how to  
recognize attitudes  
that doom a marria  
ge—contempt,  
criticism,  
defensiveness, and**

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What Makes Love  
Last How To Build  
**stonewalling—and**  
**Trust And Avoid**  
**Betrayal**  
**provides practical**  
**exercises, quizzes,**  
**tips, and**  
**techniques that will**  
**help you**  
**understand and**  
**make the most of**  
**your relationship.**  
**You can avoid**  
**patterns that lead**  
**to divorce,**

Online Library  
What Makes Love  
Last How To Build  
**and—Why**  
**Trust And Avoid**  
**Marriages Succeed**  
**Betrayal**  
**or Fail will show**

**you how.**

**A book and online  
profile that  
identifies a couple's  
strengths to help  
them build a more  
vital relationship.**

**Based on an  
unprecedented**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**national survey of  
50,000 marriages,  
The Couple**

**Checkup presents  
the principles for  
creating a  
successful couple  
relationship. The  
free online profile  
includes fifteen to  
twenty categories  
that are customized**



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Betrayal

**based on the  
relationship stage-  
whether dating,  
engaged, or  
married-the age,  
and whether or not  
children are  
involved. The book  
also includes the  
SCOPE Personality  
Profile and the  
Couple and Family**

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**Map of the relationship. Each chapter of the book matches a category in the free individual profile. While the book stands on its own, using the Couple Checkup with the book provides the maximum benefit.**

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**In addition, each chapter contains couple exercises to help build couple strengths in a variety of areas.**

**One of the world's leading experts on infidelity provides a step-by-step guide through the process of**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**infidelity—from  
suspicion and  
revelation to**

**healing, and  
provides profound,  
practical guidance  
to prevent infidelity  
and, if it happens,  
recover and heal  
from it. You're  
right to be cautious  
when you hear**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**these words: “I’m  
telling you, we’re  
just friends.” Good**

**people in good  
marriages are  
having affairs. The  
workplace and the  
Internet have  
become fertile  
breeding grounds  
for “friendships”  
that can slowly and**

Online Library  
What Makes Love  
Last How To Build  
**insidiously turn**  
**into love affairs.**  
Trust And Avoid  
Betrayal

**Yet you can protect  
your relationship  
from emotional or  
sexual betrayal by  
recognizing the red  
flags that mark the  
stages of slipping  
into an improper,  
dangerous intimacy  
that can threaten**

Online Library  
What Makes Love  
Last How To Build  
**your marriage.**

**We just don't know  
how to make each  
other happy any  
more." "Sex used  
to be really good.  
Now it doesn't go  
right at all. You  
don't suddenly lose  
the ability to make  
scrambled eggs. So  
why would we**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**forget how to make  
love?" We can't  
seem to talk**

**without fighting.  
How did we get into  
this? I know what  
we're mad about,  
but I don't know  
why things keep  
making us so  
mad." Many of us  
have had**



Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**experiences like  
these. Something's  
wrong--perhaps**

**seriously  
wrong--but it's a  
complete mystery  
why a once-healthy  
relationship is now  
in trouble. You're  
tired of working  
unproductively on  
it, you're tired of**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**feeling so confused,  
and you're tired of  
solutions that seem  
complicated and  
irrelevant. You  
deserve to know  
what your real  
couples problem is  
and what to do to  
solve it. This book  
does something  
that no book has**

Online Library  
What Makes Love  
Last How To Build  
**ever done before. It  
Trust And Avoid  
Betrayal**  
**shows you how to  
sort through all the  
pain and confusion  
in your  
relationship, put  
your finger on  
exactly what's been  
causing all the  
troubles, and find  
the precise way to  
eliminate them. For**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**the first time,  
psychotherapist  
and bestselling  
author Mira  
Kirshenbaum has  
identified ten love  
killers that cause  
all the pain and  
mysterious  
problems couples  
get into. By  
answering simple**

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**questions, you'll be able to diagnose your individual case and identify the love killers responsible for your specific problems. We just don't know how to make each other happy any more."**

**"Sex used to be**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**really good. Now it  
doesn't go right at  
all. You don't**

**suddenly lose the  
ability to make  
scrambled eggs. So  
why would we  
forget how to make  
love?" We can't  
seem to talk  
without fighting.  
How did we get into**

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**this? I know what we're mad about, but I don't know why things keep making us so mad." Many of us have had experiences like these. Something's wrong--perhaps seriously wrong--but it's a**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**complete mystery  
why a once-healthy  
relationship is now  
in trouble. You're  
tired of working  
unproductively on  
it, you're tired of  
feeling so confused,  
and you're tired of  
solutions that seem  
complicated and  
irrelevant. You**



Online Library  
What Makes Love  
Last How To Build  
**deserve to know  
what your real  
couples problem is  
and what to do to  
solve it. This book  
does something  
that no book has  
ever done before. It  
shows you how to  
sort through all the  
pain and confusion  
in your**

Online Library  
What Makes Love  
Last How To Build  
**relationship, put  
your finger on  
exactly what's been**

**causing all the  
troubles, and find  
the precise way to  
eliminate them. For  
the first time,  
psychotherapist  
and bestselling  
author Mira  
Kirshenbaum has**

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**identified ten love  
killers that cause  
all the pain and  
mysterious  
problems couples  
get into. By  
answering simple  
questions, you'll be  
able to diagnose  
your individual  
case and identify  
the love killers**

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What Makes Love  
Last How To Build  
**responsible for**  
**your specific**  
**problems.**

**What Makes a  
Marriage Last  
Will Our Love  
Last?**

**A Memoir of Love  
and Loss**

**A Memoir in  
Essays**

**Our Love Is Too**

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What Makes Love  
Last How To Build  
**Good to Feel So  
Bad**  
Trust And Avoid  
Betrayal

**How to Fall in Love  
with Anyone**

**There Is Nothing  
for You Here**

***From Colleen***

***Hoover, the #1***

***New York Times  
bestselling***

***author of It***

***Ends With Us, a***

Online Library  
What Makes Love  
Last How To Build  
**heart-wrenching  
love story that  
proves**

**attraction at  
first sight can  
be messy. When  
Tate Collins  
meets airline  
pilot Miles  
Archer, she  
doesn't think  
it's love at first**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**sight. They  
wouldn't even  
go so far as to  
consider  
themselves  
friends. The  
only thing Tate  
and Miles have  
in common is an  
undeniable  
mutual  
attraction. Once**

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***their desires are  
out in the open,  
they realize  
they have the  
perfect set-up.  
He doesn't want  
love, she  
doesn't have  
time for love, so  
that just leaves  
the sex. Their  
arrangement***



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What Makes Love  
Last How To Build  
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Betrayal

**could be  
surprisingly  
seamless, as  
long as Tate can  
stick to the only  
two rules Miles  
has for her.  
Never ask about  
the past. Don't  
expect a future.  
They think they  
can handle it,**

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**but realize  
almost  
immediately  
they can't  
handle it at all.  
Hearts get  
infiltrated.  
Promises get  
broken. Rules  
get shattered.  
Love gets ugly.  
The best-selling**

Online Library  
What Makes Love  
Last How To Build  
**author of The  
Seven Principles  
for Making  
Marriage Work  
lends scientific  
insights into  
how to build  
and maintain  
trust in  
committed  
relationships,  
sharing a**

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What Makes Love  
Last How To Build  
Trust And Avoid  
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***formula for  
calculating a  
couple's loyalty  
level that takes  
into account a  
relationship's  
likely future and  
vulnerability to  
infidelity.***

***We Love Each  
Other,  
But...offers***

Online Library  
What Makes Love  
Last How To Build  
***simple, practical  
tips that will  
help you restore  
and strengthen  
a relationship  
that has gone  
off track. It lays  
out the nuts and  
bolts of building  
relationships so  
they continue to  
be gratifying***

Online Library  
What Makes Love  
Last How To Build  
**over the long  
haul. Dr. Ellen  
Wachtel shows  
how, even when  
you feel like  
giving up on a  
relationship or  
marriage, you  
can recapture  
why you fell in  
love in the first  
place. Dr.**

Online Library  
What Makes Love  
Last How To Build

**Wachtel**  
**promises that**  
**there is more**  
**and suggests**  
**simple ways to**  
**keep vitality in**  
**relationships. In**  
**fact, she shows**  
**you and your**  
**partner how you**  
**can stay**  
**interested in**

Online Library  
What Makes Love  
Last How To Build  
**each other for  
the rest of your  
lives.**

**Thousands of  
books have  
examined the  
effects of  
parents on their  
children. In All  
Joy and No Fun,  
award-winning  
journalist**



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What Makes Love  
Last How To Build  
**Jennifer Senior**  
Trust And Avoid  
Betrayal  
**now asks: what  
are the effects  
of children on  
their parents? In  
All Joy and No  
Fun, award-  
winning  
journalist  
Jennifer Senior  
tries to tackle  
this question,**

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What Makes Love  
Last How To Build  
*isolating and*  
*analyzing the*  
Trust And Avoid  
Betrayal

*many ways in  
which children  
reshape their  
parents' lives,  
whether it's  
their marriages,  
their jobs, their  
habits, their  
hobbies, their  
friendships, or*

Online Library  
What Makes Love  
Last How To Build  
***their internal  
senses of self.***  
Trust And Avoid  
Betrayal

***She argues that  
changes in the  
last half century  
have radically  
altered the roles  
of today's  
mothers and  
fathers, making  
their mandates  
at once more***

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

**complex and far  
less clear.**

**Recruiting from  
a wide variety  
of sources—in  
history,  
sociology,  
economics,  
psychology,  
philosophy, and  
anthropology—s  
he dissects both**

Online Library  
What Makes Love  
Last How To Build  
***the timeless  
strains of  
parenting and  
the ones that  
are brand new,  
and then brings  
her research to  
life in the  
homes of  
ordinary  
parents around  
the country. The***

Online Library  
What Makes Love  
Last How To Build  
**result is an  
unforgettable  
series of family  
portraits,  
starting with  
parents of  
young children  
and progressing  
to parents of  
teens. Through  
lively and  
accessible**

Online Library  
What Makes Love  
Last How To Build  
**storytelling,**  
Trust And Avoid  
Senior follows  
Betrayal  
**these mothers  
and fathers as  
they wrestle  
with some of  
parenthood's  
deepest  
vexations—and  
luxuriate in  
some of its  
finest rewards.**

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

***Meticulously  
researched yet  
imbued with  
emotional  
intelligence, All  
Joy and No Fun  
makes us  
reconsider some  
of our culture's  
most basic  
beliefs about  
parenthood, all***



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What Makes Love  
Last How To Build

**while**

**illuminating the**

**profound ways  
children deepen  
and add**

**purpose to our  
lives. By**

**focusing on  
parenthood,  
rather than**

**parenting, the  
book is original**

Online Library  
What Makes Love  
Last How To Build  
**and essential  
reading for  
mothers and  
fathers of  
today—and  
tomorrow.  
Drawing on  
groundbreaking  
research into  
the dynamics of  
healthy  
relationships, a**

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What Makes Love  
Last How To Build  
**study of the  
basic principles  
that make up a  
happy, long-  
lasting marriage  
shares easy-to-  
understand,  
helpful advice  
on how to cope  
with such issues  
as work,  
children,**

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What Makes Love  
Last How To Build  
**money, sex, and  
stress. 35,000  
first printing.**

**Tour.**

**Love Sense**

**Finding**

**Opportunity in  
the Twenty-First  
Century**

**Making Your  
Relationship  
Work**

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What Makes Love  
Last How To Build  
***The Paradox of  
Trust And Avoid  
Betrayal***

***Ten Lessons to  
Transform Your  
Marriage***

***The Love  
Prescription***

***Wired for Love***

In The 5 Love  
Languages, you  
will discover the

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Trust And Avoid  
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secret that has transformed millions of relationships worldwide. Whether your relationship is flourishing or failing, Dr. Gary Chapman's proven approach to showing and receiving love will

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Betrayal

help you  
experience  
deeper and richer  
levels of intimacy  
with your partner  
starting today.  
NEW YORK TIMES  
BESTSELLER • A  
powerful memoir  
of a love that  
leads two people  
to find a  
courageous way

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to part—and a woman's struggle to go forward in the face of loss—that “enriches the reader's life with urgency and gratitude” (The Washington Post) “A pleasure to read . . . Rarely has a memoir



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Betrayal

about death been  
so full of life. . . .

Bloom has a  
talent for mixing  
the prosaic and  
profound, the  
slapstick and the  
serious.”—USA

Today ONE OF  
THE MOST  
ANTICIPATED  
BOOKS OF  
2022—Oprah

Online Library  
What Makes Love  
Last How To Build  
Daily, BookPage  
Trust And Avoid  
Betrayal

Amy Bloom  
began to notice  
changes in her  
husband, Brian:  
He retired early  
from a new job he  
loved; he  
withdrew from  
close friendships;  
he talked mostly  
about the past.  
Suddenly, it

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seemed there was a glass wall between them, and their long walks and talks stopped. Their world was altered forever when an MRI confirmed what they could no longer ignore: Brian had Alzheimer's

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disease. Forced to confront the truth of the diagnosis and its impact on the future he had envisioned, Brian was determined to die on his feet, not live on his knees. Supporting each other in their last journey together, Brian

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and Amy made the unimaginably difficult and painful decision to go to Dignitas, an organization based in Switzerland that empowers a person to end their own life with dignity and peace. In this

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Last How To Build  
heartbreaking  
Trust And Avoid  
Betrayal

and surprising  
memoir, Bloom  
sheds light on a  
part of life we so  
often shy away  
from  
discussing—its  
ending. Written in  
Bloom's  
captivating,  
insightful voice  
and with her

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What Makes Love  
Last How To Build  
trademark wit  
Trust And Avoid  
Betrayal  
and candor, In  
Love is an

unforgettable  
portrait of a  
beautiful  
marriage, and a  
boundary-defying  
love.

A fascinating look  
at the key  
components of  
romantic

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What Makes Love  
Last How To Build  
love--sex,  
Trust And Avoid  
Betrayal

idealization,  
aggression, self-  
pity, guilt, and co  
mmitment--argue  
s that romance  
does not diminish  
in a long-term  
relationship,  
describes the  
barriers to lasting  
love, and offers  
helpful advice on



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Trust And Avoid  
Betrayal

how to promote  
an enduring love  
by eliminating  
self-destructive  
efforts to protect  
oneself from its  
risks. Reprint.  
15,000 first  
printing.

The bestselling  
author of Hold Me  
Tight presents a  
revolutionary new

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What Makes Love  
Last How To Build  
understanding of  
Trust And Avoid  
Betrayal

why and how we  
love, based on  
cutting-edge  
research. Every  
day, we hear of  
relationships  
failing and  
questions of  
whether humans  
are meant to be  
monogamous.

Love Sense

*Page 162/255*

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

presents new scientific evidence that tells us that humans are meant to mate for life. Dr. Johnson explains that romantic love is an attachment bond, just like that between mother and child,

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Trust And Avoid  
Betrayal

and shows us  
how to develop  
our "love sense"

-- our ability to  
develop long-  
lasting  
relationships.  
Love is not the  
least bit illogical  
or random, but  
actually an  
ordered and wise  
recipe for

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What Makes Love  
Last How To Build  
survival. Love  
Trust And Avoid  
Betrayal  
Sense covers the  
three stages of a  
relationship and  
how to best  
weather them;  
the intelligence of  
emotions and the  
logic of love; the  
physical and  
psychological  
benefits of secure  
love; and much

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more. Based on groundbreaking research, Love Sense will change the way we think about love.

This book is designed to help couples with communication and that in turn will help their relationship both

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Last How To Build  
socially and  
sexually.  
Trust And Avoid  
Betrayal  
How To Start  
Building A Solid  
Relationship  
The Self-Care  
Solution  
A Couple's Guide  
to  
Communication  
We Love Each  
Other, But . . .  
Rebuilding Trust

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What Makes Love  
Last How To Build  
and Recovering  
Trust And Avoid  
Your Sanity After  
Betrayal  
Infidelity  
Find Your  
Relationship  
Strengths  
Love You Forever  
What Makes  
Love Last?How  
to Build Trust  
and Avoid  
BetrayalSimon



Online Library  
What Makes Love  
Last How To Build  
and Schuster  
Trust And Avoid  
Betrayal  
An eminent  
therapist

explains what  
makes couples  
compatible and  
how to sustain  
a happy  
marriage. For  
the past  
thirty-five  
years, John

Online Library  
What Makes Love  
Last How To Build  
Gottman's  
Trust And Avoid  
Betrayal  
research has  
been internati  
onally  
recognized for  
its  
unprecedented  
ability to  
precisely  
measure  
interactive  
processes in

Online Library  
What Makes Love  
Last How To Build  
couples and to  
Trust And Avoid  
Betrayal  
predict the  
long-term

success or  
failure of  
relationships.  
In this  
groundbreaking  
book, he  
presents a new  
approach to  
understanding

Online Library  
What Makes Love  
Last How To Build  
and changing  
Trust And Avoid  
Betrayal

couples: a  
fundamental  
social skill  
called  
“emotional  
attunement,”  
which  
describes a  
couple's  
ability to  
fully process

Online Library  
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Last How To Build  
and move on  
Trust And Avoid  
Betrayal  
from negative  
emotional

events,  
ultimately  
creating a  
stronger  
relationship.  
Gottman draws  
from this  
longitudinal  
research and

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Trust And Avoid  
Betrayal

theory to show  
how emotional  
attunement can  
downregulate  
negative  
affect, help  
couples focus  
on positive  
traits and  
memories, and  
even help  
prevent

Online Library  
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Last How To Build  
domestic  
Trust And Avoid  
Betrayal

violence. He  
offers a  
detailed  
intervention  
devised to  
cultivate  
attunement,  
thereby  
helping  
couples  
connect,

Online Library  
What Makes Love  
Last How To Build  
respect, and  
Trust And Avoid  
show  
Betrayal.  
affection.

Emotional  
attunement is  
extended to  
tackle the  
subjects of  
flooding, the  
story we tell  
ourselves  
about our



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relationship,  
Trust And Avoid  
Betrayal

conflict,  
personality,  
changing  
relationships,  
and gender.  
Gottman also  
explains how  
to create  
emotional  
attunement  
when it is

Online Library  
What Makes Love  
Last How To Build  
missing, to  
Trust And Avoid  
lay a  
Betrayal

foundation  
that will  
carry the  
relationship  
through  
difficult  
times. Gottman  
encourages  
couples to  
cultivate

Online Library  
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Last How To Build  
attunement  
Trust And Avoid  
Betrayal

through  
awareness,  
tolerance,  
understanding,  
non-defensive  
listening, and  
empathy. These  
qualities, he  
argues,  
inspire  
confidence in

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

couples, and  
the sense that  
despite the  
inevitable  
struggles, the  
relationship  
is enduring  
and resilient.  
This book, an  
essential  
follow-up to  
his 1999 The

Online Library  
What Makes Love  
Last How To Build  
Marriage  
Trust And Avoid  
Betrayal

Clinic, offers  
therapists,  
students, and  
researchers  
detailed  
intervention  
for working  
with couples,  
and offers  
couples a  
roadmap to a

Online Library  
What Makes Love  
Last How To Build  
stronger  
Trust And Avoid  
future  
Betrayal  
together.

In this  
timely,  
insightful,  
and darkly  
funny  
investigation,  
the acclaimed  
author of  
Against Love

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

asks: what  
does living in  
dystopic times  
do to our  
ability to  
love each  
other and the  
world?

COVID-19 has  
produced new  
taxonomies of  
love,

Online Library  
What Makes Love  
Last How To Build  
intimacy, and  
Trust And Avoid  
Betrayal  
vulnerability.

Will its  
cultural  
afterlife be  
as lasting as  
that of HIV,  
which reshaped  
consciousness  
about sex and  
love even  
after AIDS



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Last How To Build  
Trust And Avoid  
Betrayal

itself had  
been beaten  
back by  
medical  
science? Will  
COVID end up  
making us more  
relationally  
conservative,  
as some think  
HIV did within  
gay culture?

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Trust And Avoid  
Betrayal

Will it send  
us fleeing  
into emotional  
silos or  
coupled  
cocoons,  
despite the  
fact that, pre-  
COVID,  
domestic  
coupledom had  
been steadily

Online Library  
What Makes Love  
Last How To Build

losing fans?

Just as COVID

revealed our

nation to

itself, so did

it hold a

mirror up to

our

relationships.

In Love in the

Time of

Contagion,

Online Library  
What Makes Love  
Last How To Build

Laura Kipnis  
Trust And Avoid  
Betrayal  
weaves (often  
hilariously)

her own

(ambivalent)

coupled

lockdown

experiences

together with

those of

others and

sets them

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Trust And Avoid  
Betrayal

against a  
larger  
backdrop: the  
politics of  
the virus,  
economic  
disparities,  
changing  
gender  
relations, and  
the ongoing  
institutional

Online Library  
What Makes Love  
Last How To Build  
crack-ups  
Trust And Avoid  
Betrayal

prompted by

#MeToo and  
Black Lives

Matter,

mapping their  
effects on the  
everyday

routines and

occasional

solaces of

love and sex.

Online Library  
What Makes Love  
Last How To Build  
Drawing on  
Trust And Avoid  
Betrayal

separate  
scientific  
studies, two  
relationship  
experts  
introduce the  
knowledge and  
skills couples  
need to make  
the transition  
to parenthood,

Online Library  
What Makes Love  
Last How To Build  
using  
Trust And Avoid  
practical  
Betrayal  
advice and  
real-life  
examples to  
help couples  
avoid  
relationship  
meltdown,  
maintain a  
healthy sex  
life, preserve



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Last How To Build  
emotional  
Trust And Avoid  
intimacy,  
Betrayal  
prevent

postpartum  
depression,  
and create a  
nurturing  
environment.

Reprint.

50,000 first  
printing.

Whether you're

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

newly together  
and eager to  
make it work

or a longtime  
couple looking  
to strengthen  
and deepen

your bond,  
Eight Dates  
offers a

program of  
how, why, and

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

when to have  
eight basic  
conversations  
with your  
partner that  
can result in  
a lifetime of  
love. “Happily  
ever after” is  
not by chance,  
it’s by  
choice- the

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Last How To Build  
choice each  
Trust And Avoid  
person in a  
Betrayal  
relationship

makes to  
remain open,  
remain  
curious, and,  
most of all,  
to keep  
talking to one  
another. From  
award-winning

Online Library  
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Last How To Build  
marriage  
Trust And Avoid  
Betrayal  
researcher and  
bestselling  
author Dr.  
John Gottman  
and fellow  
researcher  
Julie Gottman,  
Eight Dates  
offers an  
ingenious and  
simple-to-

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What Makes Love  
Last How To Build  
implement  
Trust And Avoid  
Betrayal  
approach to  
effective

relationship  
communication.

Here are the  
subjects that  
every serious  
couple should  
discuss:

Trust. Family.  
Sex and

Online Library  
What Makes Love  
Last How To Build  
intimacy.  
Trust And Avoid  
Dealing with  
Betrayal  
conflict. Work  
and money.  
Dreams, and  
more. And here  
is how to talk  
about them—how  
to broach  
subjects that  
are difficult  
or

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What Makes Love  
Last How To Build  
embarrassing,  
Trust And Avoid  
Betrayal

how to be  
brave enough  
to say what  
you really  
feel. There  
are also  
suggestions  
for where and  
when to go on  
each date—book  
your favorite



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What Makes Love  
Last How To Build  
romantic  
Trust And Avoid  
Betrayal  
restaurant for  
the Sex &

Intimacy  
conversation  
(and maybe go  
to a yoga or  
dance class  
beforehand).  
There are ques  
tionnaires,  
innovative

Online Library  
What Makes Love  
Last How To Build  
exercises,  
Trust And Avoid  
real-life case  
Betrayal  
studies, and  
skills to  
master,  
including the  
Four Skills of  
Intimate  
Conversation  
and the Art of  
Listening.  
Because making

Online Library  
What Makes Love  
Last How To Build

love last is  
Trust And Avoid  
Betrayal  
not about  
having a

certain  
feeling—it's  
about both of  
you being  
active and  
involved.

A Neuroscienti  
st's Journey  
Through

Online Library  
What Makes Love  
Last How To Build  
Romance, Loss,  
Trust And Avoid  
Betrayal  
and the  
Essence of  
Human  
Connection  
A Story of  
Grief,  
Groceries,  
Showing  
Up--and What  
We Make When  
We Make Dinner

Online Library  
What Makes Love  
Last How To Build  
40 Celebrated  
Trust And Avoid  
Couples Share  
Betrayal  
with Us the  
Secrets to a  
Happy Life  
A Diagnosis  
The All-or-  
Nothing  
Marriage  
Ugly Love  
All Joy and No  
Fun

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What Makes Love  
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Betrayal

NEW YORK  
TIMES  
BESTSELLER

Power couple  
Marlo Thomas  
and Phil Donahue  
have created a  
compelling and  
intimate  
collection of  
intriguing  
conversations

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

with famous couples about their enduring marriages and how they have made them last through the challenges we all share. What makes a marriage last? Who doesn't want to know the

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Trust And Avoid  
Betrayal

answer to that  
question? To  
unlock this  
mystery, iconic  
couple Marlo  
Thomas and Phil  
Donahue  
crisscrossed the  
country and  
conducted  
intimate  
conversations



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Betrayal

with forty  
celebrated  
couples whose  
long marriages  
they've  
admired—from  
award-winning  
actors, athletes,  
and newsmakers  
to writers,  
comedians,  
musicians, and a

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former U.S.  
president and  
First Lady.

Through these  
conversations,  
Marlo and Phil  
also revealed the  
rich journey of  
their own  
marriage. What  
Makes a Marriage  
Last offers

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What Makes Love  
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Betrayal

practical and  
heartfelt wisdom  
for couples of all  
ages, and a rare  
glimpse into the  
lives of husbands  
and wives we  
have come to  
know and love.  
Marlo and Phil's  
frequently funny,  
often touching,

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What Makes Love  
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Betrayal

and always  
engaging  
conversations  
span the marital  
landscape—from  
that first rush of  
new love to  
keeping that  
precious spark  
alive, from  
navigating hard  
times to

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Betrayal

celebrating  
triumphs, from  
balancing work  
and play and  
family to growing  
better and  
stronger together.  
At once intimate,  
candid,  
revelatory,  
hilarious,  
instructive, and

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

poignant, this  
book is a beautiful  
gift for couples of  
every age and  
stage. Featuring  
interviews with:  
Alan and Arlene  
Alda • Kevin  
Bacon and Kyra  
Sedgwick  
President Jimmy  
and Rosalynn

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Carter • James  
Carville and Mary  
Matalin Deepak  
and Rita Chopra •  
Patricia Cornwell  
and Staci Gruber  
Bryan Cranston  
and Robin  
Dearden • Billy  
and Janice Crystal  
Jamie Lee Curtis  
and Christopher

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Guest • Ted  
Danson and Mary  
Steenburgen Viola  
Davis and Julius  
Tennon • Gloria  
and Emilio  
Estefan Michael J.  
Fox and Tracy  
Pollan • Chip and  
Joanna Gaines  
Sanjay and  
Rebecca Gupta •



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Mariska Hargitay  
and Peter

Hermann Neil

Patrick Harris and

David Burtka •

Ron and Cheryl

Howard Jesse and

Jacqueline

Jackson • Elton

John and David

Furnish John and

Justine Leguizamo

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What Makes Love

Last How To Build

• LL COOL J and  
Simone I. Smith

Melissa McCarthy

and Ben Falcone •

John McEnroe and

Patty Smyth

Mehmet and Lisa

Oz • Rodney and

Holly Robinson

Peete Letty Cottin

Pogrebin and Bert

Pogrebin • Rob

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Last How To Build  
Trust And Avoid  
Betrayal  
and Michele  
Reiner Kelly Ripa  
and Mark

Consuelos • Al  
Roker and  
Deborah Roberts  
Ray and Anna  
Romano • Tony  
Shalhoub and  
Brooke Adams  
Judges Judy and  
Jerry Sheindlin •

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George  
Stephanopoulos  
and Ali

Wentworth Sting  
and Trudie Styler  
• Capt. Chesley  
“Sully” and Lorrie  
Sullenberger Lily  
Tomlin and Jane  
Wagner • Judith  
and Milton Viorst  
Judy Woodruff

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What Makes Love  
Last How To Build  
and Al Hunt • Bob  
Trust And Avoid  
Woodward and  
Betrayal  
Elsa Walsh

“After years of  
debate and  
inquiry, the key to  
a great marriage  
remained  
shrouded in  
mystery. Until  
now...” —Carol  
Dweck, author of

Online Library  
What Makes Love  
Last How To Build  
Mindset: The New  
Trust And Avoid  
Psychology of  
Betrayal  
Success Eli J.

Finkel's insightful  
and ground-  
breaking  
investigation of  
marriage clearly  
shows that the  
best marriages  
today are better  
than the best

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What Makes Love  
Last How To Build  
marriages of  
Trust And Avoid  
earlier eras.  
Betrayal

Indeed, they are  
the best  
marriages the  
world has ever  
known. He  
presents his  
findings here for  
the first time in  
this lucid,  
inspiring guide to

Online Library  
What Makes Love  
Last How To Build  
modern marital  
Trust And Avoid  
Bliss. The All-or-  
Betrayal  
Nothing Marriage  
reverse engineers  
fulfilling  
marriages—from  
the “traditional”  
to the utterly nont  
raditional—and  
shows how any  
marriage can be  
better. The



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primary function of marriage from 1620 to 1850 was food, shelter, and protection from violence; from 1850 to 1965, the purpose revolved around love and companionship. But today, a new kind of marriage

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has emerged, one oriented toward self-discover, self-esteem, and personal growth. Finkel combines cutting-edge scientific research with practical advice; he considers paths to better

Online Library  
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communication  
Trust And Avoid  
and  
Betrayal.

responsiveness;  
he offers guidance  
on when to  
recalibrate our  
expectations; and  
he even  
introduces a set of  
must-try  
“lovehacks.” This  
is a book for the

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Trust And Avoid  
Betrayal

newlywed to the  
empty nester, for  
those thinking  
about getting  
married or  
remarried, and for  
anyone looking  
for illuminating  
advice that will  
make a real  
difference to  
getting the most

Online Library  
What Makes Love  
Last How To Build  
out of marriage  
Trust And Avoid  
today.  
Betrayal

A celebrated  
foreign policy  
expert and key  
impeachment  
witness reveals  
how declining  
opportunity has  
set America on  
the grim path of  
modern

Online Library  
What Makes Love  
Last How To Build  
Russia--and draws  
Trust And Avoid  
Betrayal

on her personal  
journey out of  
poverty, and her  
unique  
perspectives as an  
historian and  
policy maker, to  
show how we can  
return hope to our  
forgotten places.

“A beautifully

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Betrayal

written and well-  
researched  
cultural criticism  
as well as an  
honest memoir”  
(Los Angeles  
Review of Books)  
from the author of  
the popular New  
York Times essay,  
“To Fall in Love  
with Anyone, Do

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Betrayal

This," explores the romantic myths we create and explains how they limit our ability to achieve and sustain intimacy. What really makes love last? Does love ever work the way we say it does in



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Last How To Build  
Trust And Avoid  
Betrayal

movies and books  
and Facebook  
posts? Or does  
obsessing over  
those love stories  
hurt our real-life  
relationships?

When her parents  
divorced after a  
twenty-eight year  
marriage and her  
own ten-year

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What Makes Love  
Last How To Build  
relationship  
Trust And Avoid  
Betrayal  
ended, those were  
the questions that  
Mandy Len  
Catron wanted to  
answer. In a  
series of candid,  
vulnerable, and  
wise essays that  
takes a closer look  
at what it means  
to love someone,

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Last How To Build  
Trust And Avoid  
Betrayal

be loved, and how  
we present our  
love to the world,  
“Catron melds  
science and  
emotion  
beautifully into a  
thoughtful and  
thought-provoking  
meditation”  
(Bookpage). She  
delves back to

Online Library  
What Makes Love  
Last How To Build  
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Betrayal

1944, when her  
grandparents met  
in a coal mining

town in  
Appalachia, to her  
own dating life as  
a professor in  
Vancouver. She  
uses biologists'  
research into  
dopamine triggers  
to ask whether

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What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal

the need to love is an innate human drive. She uses literary theory to show why we prefer certain kinds of love stories. She urges us to question the unwritten scripts we follow in relationships and

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What Makes Love  
Last How To Build  
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Betrayal

looks into where those scripts come from. And she tells the story of how she decided to test an experiment that she'd read about—where the goal was to create intimacy between strangers using a

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Betrayal

list of thirty-six questions—and ended up in the surreal situation of having millions of people following her brand-new relationship.

“Perfect fodder for the romantic and the cynic in

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Last How To Build  
Trust And Avoid  
Betrayal

all of us”  
(Booklist), How to  
Fall in Love with  
Anyone flips the  
script on love.

“Clear-eyed and  
full of heart, it is  
mandatory  
reading for  
anyone coping  
with—or curious  
about—the



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Last How To Build  
Trust And Avoid  
Betrayal

challenges of  
contemporary  
courtship” (The  
Toronto Star).

An Oxford  
evolutionary  
anthropoloigst  
explores the ever-  
elusive science of  
love.

The Man's Guide  
to Women

Online Library  
What Makes Love  
Last How To Build  
Trust And Avoid  
Betrayal  
How the Best  
Marriages Work  
Don't Trust Your  
Gut  
In Love  
Scientifically  
Proven Secrets  
from the Love Lab  
About What  
Women Really  
Want  
The Revolutionary

Online Library  
What Makes Love  
Last How To Build  
New Science of  
Trust And Avoid  
Betrayal  
Relationships

And Baby Makes  
Three

*Am I with the right  
person? Will our  
love last? Men and  
women in love are  
haunted by these  
questions. Love --  
especially why it*

Online Library  
What Makes Love  
Last How To Build  
*blossoms in  
relationships and  
why it later dies --*

*is a mystery to  
them. Will Our  
Love Last? A  
Couple's Road  
Map solves this  
mystery by giving  
readers a new  
understanding of  
love -- an*

Online Library  
What Makes Love  
Last How To Build  
*understanding they  
Trust And Avoid  
Betrayal*  
*can actually use to  
evaluate the  
soundness of their  
relationships and  
to answer  
confidently the  
crucial questions  
that mystified them  
before. Based on  
hundreds of cases  
in his twenty-four*

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Betrayal

*years as a marital therapist and twenty-nine years in his own happy marriage, Sam R. Hamburg, Ph.D., explains how compatibility is the key to lasting love. He shows how compatibility on three major*

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*dimensions -- the  
Practical  
Dimension, the  
Sexual Dimension,  
and the  
Wavelength  
Dimension -- is  
essential to the  
mutual  
understanding and  
affirmation that  
keep love alive,*

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*and he leads  
readers through a  
simple but  
systematic  
procedure for  
assessing their  
compatibility with a  
romantic partner in  
these crucial  
relationship areas.  
Dr. Hamburg  
introduces a new*



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*technique, The  
Hand Rotation  
Exercise, to help  
readers express  
their degree of  
compatibility and  
then convey that  
visually to their  
partner. In  
addition, he  
presents two new  
original techniques*

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*for working through  
relationship  
conflicts and  
coming to  
agreement on  
difficult issues: His  
Way/Her Way and  
The Long  
Conversation.*

*Written in a clear,  
direct style that is  
free of jargon, Will*

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*Our Love Last?*  
empowers readers  
to make important  
relationship  
decisions that are  
intellectually and  
emotionally  
informed. *Will Our  
Love Last?* will  
help couples trying  
to decide if they  
should take the

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*next step to a more  
committed  
relationship. It will  
aid individuals  
embarking on a  
new relationship,  
or who are  
between  
relationships, to  
evaluate the  
rightness of a new  
or prospective*

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*partner. And it will assist people who are already in committed relationships to make an honest assessment of their prospects for happiness with their current partner. People have it in their*

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*power to make*  
*sure that they truly*  
Trust And Avoid  
Betrayal

*are with the right  
person. Will Our  
Love Last? shows  
the way.*

*What Makes Love  
Last?*

*The Relationship  
Cure*

*The Six-Step Plan*

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*for Preserving  
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and Rekindling  
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Baby Arrives  
Why Marriages  
Succeed or Fail  
The New Science  
Behind Our  
Closest  
Relationships  
Why We Love*