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With more than 75 million fans, NASCAR® is one of the world's most popular sports. Racing Broadcaster John Roberts tracks down the answers to the pressing questions, such as: What are the fastest tracks on the circuit? Who had the longest winning streak? What were the longest races? Who are the best female drivers of all time? And many more. Each list has an introductory paragraph followed by a number of ranked entries, each featuring a brief explanation of ranking plus entertaining and informative background information. Also included are original lists contributed exclusive to this book by top personalities from the world of NASCAR®, including Tony Stewart, Jeff Gordon, Jimmy Johnson, Greg Biffle, and more.

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The New England Law Review now offers its issues in convenient and modern ebook formats for e-reader devices, apps, pads, smartphones, and computers. This second issue of Volume 48, Winter 2014, contains articles from leading figures of the academy and the legal community. Contents of this issue include: Articles: • Military Justice as Justice: Fitting Confrontation Clause Jurisprudence into Military Commissions, by Christina M. Frohock • Physician Speech and State Control: Furthering Partisan Interests at the Expense of Good Health, by Janet L. Dolgin Notes: • Losing the Quality of Life: The Move Toward Society's Understanding and Acceptance of Physician Aid-in-Dying and the Death with Dignity Act, by Lindsay Reynolds • Public Performance Royalty-Rate Disparity: Should Congress Pamper Pandora's Pandering?, by Robert J. Williams, Jr. Comments: • Diagnosis—Guilty:

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Commonwealth v. McLaughlin and the Conversion of Hospital Records into Criminal Convictions, by William Brekka

- United States v. Nosal and the CFAA: What Does DailySudoku.com Have to Do with Computer Fraud?, by Keith Richard

New York Commercial Litigation Guide provides in one place an overview of the causes of action commonly employed in commercial disputes, the elements of these common types of commercial causes of action under New York state law and the corresponding defenses. New York Commercial Litigation Guide is designed to help the practitioner to quickly and efficiently see "big picture" case theory, identify relevant commercial causes of action under New York law, save countless research hours and avoid common pitfalls. This practical, task-oriented guide to the various topics in commercial litigation clearly explains how to analyze, resolve,

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and/or litigate the issues that can arise at every stage of a commercial dispute, from the basic corporate structures to complex questions of law, evidentiary matters, procedure and strategy. New York Commercial Litigation Guide provides easily accessed, proven, authoritative to-the-point practice guidance, enhanced by the following features:

- Over 60 task-oriented checklists
- Over 150 strategic points, warnings, and timing tips to prevent practice missteps
- Targeted cross-references to specific state and federal legislation and sources detailing the features of topics such as corporate governance, business torts, and lender liability.

Distilling years of experience from distinguished New York commercial law practitioners, New York Commercial Litigation Guide is a reliable roadmap through the complex and multi-faceted practice area of commercial litigation.

A real-world guide to Attachment Parenting

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from the Big Bang Theory actress, neuroscientist, and mother Mayim Bialik—a book hailed by Dr. William Sears as “delightful” and by Ricki Lake as “a fantastic guide to birth and parenting that is packed with invaluable wisdom.” Mayim Bialik was the child star of the popular 1990s TV sitcom Blossom, but she definitely didn’t follow the typical child-star trajectory. Instead, Mayim got her PhD in neuroscience from UCLA, married her college sweetheart, and had two kids. Mayim then did what many new moms do—she read a lot of books, talked with other parents, and she soon started questioning a lot of the conventional wisdom she heard about the “right” way to raise a child. That’s when she turned to Attachment Parenting, a philosophy and lifestyle popularized by well-known physicians like Dr. William Sears and Dr. Jay Gordon. To Mayim, Attachment

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Parenting 's natural, child-led approach not only felt right emotionally, it made sense intellectually and instinctually. She found that when she followed her intuition and relaxed into her role as a mother instead of following some rigid parenting script, both she and her children thrived. Taking into account her experience as a mother (and her scientific background), Mayim presents the major tenets of Attachment Parenting, including: Baby wearing: How to "wear" your baby in a sling or a wrap to foster a closer bond with your child—it 's possible even for mamas with bad backs (and with big babies)! Breastfeeding: Learn how to listen to your baby 's cues rather than sticking to a rigid schedule—and why people on airplanes love a nursing mother! Gentle discipline: How to get your child to behave without yelling, threats, or time-outs—it really is possible. Co-sleeping: How to avoid "sleep training" and get a great

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night ' s sleep for the whole family. Without the pretense and luxuries typical of so many Hollywood actors and parents, Mayim describes the beauty, simplicity, and purposefulness of Attachment Parenting, and how it ' s become the guiding principle for her family. Much more than a simple how-to parenting guide, Beyond the Sling shows us that the core principles underlying Attachment Parenting are universal and can be appreciated no matter how you decide to raise your child.

Easy, Everyday Dishes for the Whole Family
to Make and Enjoy

Niche Marketing, the American Culture
Wars, and the New Children ' s Literature
One Man's Triumphant Quest to Become
the Sweetest Dude Ever

Up All Night

The Whip

Dave Stockton's Guide to Unlocking Your
Signature Stroke

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Advent and Christmas

"Bevy knows what's what, and she is the kind of woman you want in your corner. If you don't believe me . . . buy the book." —Whoopi Goldberg "Funny, wise, well-experienced, empathetic, colorful—Bevy brings the spirit of humanity wherever she goes."

—Pharrell Williams From the host of the fabulous and popular show Bevelations on SiriusXM's Radio Andy channel, Bevy Smith's irreverent and inspiring memoir about learning to live a big, authentic, and unapologetic life—and how you can, too Bevy Smith was living what seemed like a glamorous dream as a fashion

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advertising executive, blazing a lucrative career for herself in the whitewashed magazine world. She jetsetted to Europe for fashion shows, dined and danced at every hot spot, and enjoyed a mighty roster of lovers. So it came as quite a shock to Bevy when one day, after arriving at her luxury hotel in Milan, she collapsed on the Frette bedsheets and sobbed. Years of rolling with the in-crowd had taken its toll. Her satisfaction with work and life had hit rock bottom. But Bevy could not be defeated, and within minutes (okay, days) she grabbed a notepad and started realizing a truer path—one built on self-

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reflection and, ultimately, clarity. She figured out how to redirect her life toward meaningful creativity and freedom. In her signature lively and infectious voice (there's no one like Bevy!), Bevelations candidly shares how she reclaimed her life's course and shows how we too can manifest our most bodacious dreams. From repossessing her bold childhood nature to becoming her own brand to envisioning her life's next great destination (which will feature natural hair, important charitable giving, and a midcentury house overlooking the Pacific Ocean), Bevy invites readers along on the

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route of her personal transformation to reveal how each of us can live our best lives with honesty, joy, and, when we're in the mood, a killer pair of shoes. The perfect companion to Osteen's #1 "New York Times" bestseller "Become a Better You," this journal helps readers integrate his seven simple yet profound principles into their hearts on a day-to-day basis. Danny Seo is America's leading lifestyle authority on modern, eco-friendly living. In his last book, *Upcycling*, Danny demonstrated how to create beautiful things with the stuff you already have. Now he returns with 100 more

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projects—this time focused specifically on parties and holidays. Whether you're making dramatic party favors for New Year's Eve, giving a unique birthday gift, creating paper lanterns for a summer BBQ, or planning the Thanksgiving table, Danny shows how you can transform the ordinary into striking one-of-a-kind objects that will make every occasion a little more festive.

The Whip is inspired by the true story of a woman, Charlotte "Charley" Parkhurst (1812-1879) who lived most of her extraordinary life as a man. As a young woman in Rhode Island,

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she fell in love and had a child. Her husband was lynched and her baby killed. The destruction of her family drove her west to California, dressed as a man, to track down the murder. Charley became a renowned stagecoach driver. She killed a famous outlaw, had a secret love affair, and lived with a housekeeper who, unaware of her true sex, fell in love with her. Charley was the first woman to vote in America (as a man). Her grave lies in Watsonville, California.

Focus On: 100 Most Popular
American Autobiographers
New York Commercial Litigation
Guide

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20 Years of Practical Business
Wisdom from the Trenches
Lessons from a Mutha, Auntie,
Bestie

A Use-What-You-Have Guide to
Decorating, Gift-Giving &
Entertaining

Radio: The Book

Meeting Your Half-Orange

The Radio Station offers a concise
and insightful guide to all aspects of
radio broadcasting, streaming, and
podcasting. This book ' s tenth
edition continues its long tradition of
guiding readers to a solid
understanding of who does what,
when, and why in a professionally
managed station. This new edition
explains what "radio" in America

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has been, where it is today, and where it is going, covering the basics of how programming is produced, financed, delivered and promoted via terrestrial and satellite broadcasting, streaming and podcasting, John Allen Hendricks and Bruce Mims examine radio and its future within a framework of existing and emerging technologies. The companion website is new revised with content for instructors, including an instructors ' manual and test questions. Students will discover an expanded library of audio interviews with leading industry professionals in addition to practice quizzes and links to additional resources.

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Actions have consequences--and the ability to learn from them revolutionized life on earth. While it's easy enough to see that consequences are important (where would we be without positive reinforcement?), few have heard there's a science of consequences, with principles that affect us every day. Despite their variety, consequences appear to follow a common set of scientific principles and share some similar effects in the brain--such as the "pleasure centers." Nature and nurture always work together, and scientists have demonstrated that learning from consequences predictably activates genes and restructures the brain.

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Applications are everywhere--at home, at work, and at school, and that's just for starters. Individually and societally, for example, self-control pits short-term against long-term consequences. Ten years in the making, this award-winning book tells a tale ranging from genetics to neurotransmitters, from emotion to language, from parenting to politics, taking an inclusive interdisciplinary approach to show how something so deceptively simple can help make sense of so much.

From New York Times bestselling author and nationally syndicated talk radio host Dave Ramsey comes the secret to how he grew a multimillion dollar company from a

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card table in his living room. If you ' re at all responsible for your company ' s success, you can ' t just be a hard-charging entrepreneur or a motivating, encouraging leader. You have to be both! Dave Ramsey, America ' s trusted voice on money and business, reveals the keys that grew his company from a one-man show to a multimillion-dollar business—with no debt, low turnover, and a company culture that earns it the “ Best Place to Work ” award year after year. This book presents Dave ' s playbook for creating work that matters; building an incredible group of passionate, empowered team members; and winning the race with steady

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momentum that will roll over any obstacle. Regardless of your business goals, you ' ll discover that anyone can lead any venture to unbelievable growth and prosperity through Dave ' s common sense, counterculture, EntreLeadership principles!

Entertainment Marketing NOW:
Every Platform, Technology, and
Opportunity Covers film, cable,
broadcast, music, sports, publishing,
social media, gaming, and more
Reflects powerful trends ranging
from smartphones to globalization
Demonstrates breakthrough
strategies integrating advertising,
promotion, PR, and online content
distribution By industry insiders with

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decades of experience as leaders and consultants Entertainment spending is soaring worldwide, driven by new technologies, new platforms, new business models, and unrelenting demand amongst seven billion consumers. That means entertainment marketing opportunities are soaring, too. But this business is more complex and competitive than ever – and it ' s changing at breakneck speed. Now, two leading practitioners show how to transform content into profits today and tomorrow...any content, on any platform, in any market, worldwide. You ' ll master innovative new ways to grab consumers ' attention and wallets

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fast...make your experiences
wannasee, haftasee, mustsee...drive
more value through social platforms,
mobile technologies, and integrated
marketing strategies...overcome
challenges ranging from bad buzz to
piracy...fully leverage licensing,
merchandising, and
sponsorships...and successfully
market all forms of entertainment.

Bevelations

The Radio Station

My Life and Times in Rock Radio

Beyond the Sling

Personally Speaking

Legacy

Marvel's Voices

*Following the success of their
bestselling devotional Lent: One Day*

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at a Time for Catholic Teens, youth ministry experts Katie Prejean McGrady and Tommy McGrady offer devotions for Advent and Christmas that help teens make sense of the things that matter most in their lives such as relationships, their future, and coping with stress. Realistic and easy to use, each daily devotion starts with a brief Bible quote that connects with a topic important to teens such as insecurity, pressure, trust, fitting in, finding hope, and choosing joy. A brief reflection helps teens consider the day's topic through their faith. The McGradys sometimes offer comfort, hope, or reasons for joy in these reflections, while on other days they issue a challenge or two. Unlike many other seasonal prayer books, each day offers

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exercises and activities such as naming areas of teen's lives where they want to be more hopeful or to trust God more. The result is a closer relationship with God. Each single-page, weekday devotion can be as brief as five minutes or as long as thirty if a teen chooses to do a bit extra with a feature called "Feel Ambitious?" This activity invites them to read, reflect, and respond to a longer scripture passage that connects to the day's theme. Saturdays and Sundays offer additional challenges to reflect on the previous week and to look ahead to the next.

Communication technologies surround us in every part of our lives: via television, web, blogging, mass media, and much more. How do people in

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business keep up with the latest and greatest trends, and how do they differentiate good information from bad information? How do they get help analyzing information and coming to conclusions about trends that will impact their businesses and business decisions? How do they consider the environmental and sustainability issues surrounding communication technology? This book answers these essential questions. It's for professionals and students working in telecommunications, including electronic mass media, digital signage, computers, consumer electronics, games, satellites, and telepresence. The best of the best minds on these topics all come forward here, each in their own chapter, to report on, analyze, and

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make recommendations, for the new edition of this definitive guide to new technologies. New to this edition: . New coverage of historical perspectives on communication technology bring the ideas and concepts to the forefront, providing a thoroughly grounded approach designed to appeal to professors looking for more the why's than the how's of comm. tech . New chapters on digital cinema, mobile commerce, digital television, cinema technologies, e-books, home video, digital audio, and telepresence. . As always, every chapter is updated to reflect the latest trends on the topic . Brand new! Instructor's manual with testbank and sample syllabus . Website - brand new for this edition. Chapter-by-chapter

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additional coverage of technologies and further resources. Continually updated.

Mad World is a highly entertaining oral history that celebrates the New Wave music phenomenon of the 1980s via new interviews with 35 of the most notable artists of the period. Each chapter begins with a discussion of their most popular song but leads to stories of their history and place in the scene, ultimately painting a vivid picture of this colorful, idiosyncratic time. Mixtape suggestions, fashion sidebars, and quotes from famous contemporary admirers help fill out the fun. Participants include members of Duran Duran, New Order, The Smiths, Tears for Fears, Adam Ant, Echo and the Bunnymen, Devo, ABC, Spandau

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*Ballet, A Flock of Seagulls, Thompson
Twins, and INXS.*

*From New York Times bestselling
author and former Navy SEAL*

*Brandon Webb comes a simple yet
powerful five-step guide to
transforming your life by making your
fears work for you instead of against
you. Brandon Webb has run life-
threatening missions in the world's
worst trouble spots, whether that meant
jumping out of airplanes, taking down
hostile ships on the open sea, or rolling
prisoners in the dead of night in the
mountains of Afghanistan. As a Navy
SEAL, he learned how to manage the
natural impulse to panic in the face of
terrifying situations. As media CEO
and national television commentator,
he has learned how to apply those*

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same skills in civilian life. Drawing on his experiences in combat and business, along with colorful anecdotes from his vast network of super-achiever friends from astronauts to billionaires, Webb shows how people from all walks of life can stretch and transcend their boundaries and learn to use their fears as fuel to achieve more than they ever thought possible. "Fear can be a set of manacles, holding you prisoner," writes Webb. "Or it can be a slingshot, catapulting you on to greatness." The key, says Webb, is not to fight fear or try to beat it back, but to embrace and harness it. In the process, rather than being your adversary, your fear becomes a secret weapon that allows you to triumph in even the most adverse situations. In Mastering Fear,

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Webb and his bestselling coauthor John David Mann break this transformation down into five practical steps, creating a must-read manual for anyone looking for greater courage and mastery in their lives.

*Communication Technology Update
and Fundamentals*

Mad World

Unconscious Putting

Do You Love Football?!

*A Comprehensive Compilation of
Decisions, Reports, Public Notices, and
Other Documents of the Federal
Communications Commission of the
United States*

*Music Business Handbook and Career
Guide*

*The Definitive Guide to Entertainment
Marketing*

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Shortlisted for the 2019 Taste Canada Awards! From the writer and recipe developer behind eat. live. travel. write comes a new cookbook for parents, children and Francophiles of all ages. Forget the fuss and bring simple, delicious French dishes to your home kitchen with Mardi Michels as your guide. Twice a week during the school year, you'll find Mardi Michels--French teacher and the well-known blogger behind eat. live. travel. write--directing up to a dozen children in her school's science lab as they slice, dice, mix, knead and, most importantly, taste. Whether they're learning to make an authentic ratatouille tian or tackling quiche made with

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pastry from scratch, Mardi's students can accomplish just about anything in the kitchen once they put their minds to it. In her first book, Mardi shows that French food doesn't have to be complicated. The result is an elegant, approachable cookbook featuring recipes tailored for young chefs and their families. From savory dishes like Omelettes, Croque-Monsieurs or Steak Frites to sweet treats like Profiteroles, Madeleines or Crème Brûlée, readers will find many French classics here. With helpful timetables to plan out baking projects, as well as tips on how to get kids involved in the cooking, this book breaks down any

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preconceived notion that French cuisine is too fancy or too difficult for kids to master. With Mardi's warm, empowering and encouraging instructions, kids of all ages will be begging to help out in the kitchen every day of the week.

*How would you like to have a wonderfully well-suited, kind, adoring half-orange who feels like a teammate, a partner in crime, a true other half? "Half-Orange" refers to the Spanish term *mi media naranja*, which describes one's sweetheart, that perfect other half. What if you heard he or she would be coming along soon? Would you be relieved? Excited? Happy? Well those are the feelings*

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that dating optimism can give you. Rather than admonishing readers to make themselves more available, or turn dating into a full-time job, Spencer's program of dating optimism is a fun, results-oriented way to find a healthy happy relationship, based on brain science and psychology that can help you become a more positive dater. She'll guide you through sowing the orange seed of your ideal relationship and growing it to "fruit-ion." In essence, by focusing positively about dating, you can actually change your brain, which changes everything from your body language to the way you perceive others and what you ultimately attract. Meeting Your

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Half-Orange is the pep talk that puts finding true love back into your own hands. It will guide you toward becoming so focused on the relationship you want and so happy in your own skin, the right person will be naturally drawn straight to you. You've never read a dating guide like this before. But best of all, it will be the last one you'll ever need.

Explains how to achieve success in the music industry, even without a record label, taking readers through the process of recording, distributing, marketing, and selling music with the help of the Internet.

Michelle Ann Abate is Associate Professor of Literature for Children

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*and Young Adults at The Ohio
State University, USA.*

*The Twelve Tribes of Hattie
(Oprah's Book Club 2.0 Digital
Edition)*

FCC Record

*Winning with Heart, Passion, and
Not Much Sleep*

In the French Kitchen with Kids

*The Complete Manual for the Do-it-
Yourself Musician*

*A Doctor's Journey into the Heart
of Growing Old*

EntreLeadership

The newest Oprah's Book Club 2.0 selection: this special eBook edition of *The Twelve Tribes of Hattie* by Ayana Mathis features exclusive content, including Oprah's personal notes highlighted within

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the text, and a reading group guide. The arrival of a major new voice in contemporary fiction. A debut of extraordinary distinction: Ayana Mathis tells the story of the children of the Great Migration through the trials of one unforgettable family. In 1923, fifteen-year-old Hattie Shepherd flees Georgia and settles in Philadelphia, hoping for a chance at a better life. Instead, she marries a man who will bring her nothing but disappointment and watches helplessly as her firstborn twins succumb to an illness a few pennies could have prevented. Hattie gives birth to nine more children whom she raises with grit and mettle and

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not an ounce of the tenderness they crave. She vows to prepare them for the calamitous difficulty they are sure to face in their later lives, to meet a world that will not love them, a world that will not be kind. Captured here in twelve luminous narrative threads, their lives tell the story of a mother's monumental courage and the journey of a nation. Beautiful and devastating, Ayana Mathis's *The Twelve Tribes of Hattie* is wondrous from first to last—glorious, harrowing, unexpectedly uplifting, and blazing with life. An emotionally transfixing page-turner, a searing portrait of striving in the face of insurmountable adversity, an

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indelible encounter with the resilience of the human spirit and the driving force of the American dream.

X Games skateboarder, pro mixed martial arts fighter, and outspoken SiriusXM satellite radio host Jason Ellis shares his jaw-dropping and inspirational life story, from the depths of addiction to the glory of victory to the joys and ordeals of fatherhood. Fans of The Jason Ellis Show and the MMA-meets-music festival "Ellismania" know Ellis as a fearless daredevil—and as the new voice of action sports in America. Now, fans can learn how he got to be the man he is: the struggles, the setbacks, and the

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fight he put up to make it through to something better. Fans of Griffin Forrest's Got Fight and Tony Hawk's Hawk won't want to miss this unbelievable tell-all from a larger-than-life icon, and a fighter through and through.

This landmark work centers on media management and economics within a diverse, international, historical and constantly changing environment. The chapters herein reflect the current state of research and present directions for future study. Developed at the 2012 Research Symposium in conjunction with the annual convention of the Broadcast Education Association, it

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represents the most current theory and research in the area.

An exuberantly, hilariously irreverent guide to life from the hosts of *Whatever with Alexis and Jennifer* and *Whatever, Martha!* No one tells it like it is quite like the *Whatever* duo of Alexis Stewart and Jennifer Koppelman Hutt. Now they share their colorful commentary and edgy common sense on every aspect of life, from food and eating ("Does Talking to Pop Tarts Mean You're Crazy?") to fashion and grooming ("The Devil Wore Palazzo Pants") to cleaning and organizing ("Not a Hoarder, Still a Slob"). You'll see it's okay not to measure up to perfectionistic

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standards of behavior and achievement at home, at work, and in relationships. Once you level with yourself and lighten up, life can be happier—and a hell of a lot more fun. Tackles essential life issues—including sex and dating, weight loss and body issues, marriage and relationships, cooking and kitchenphobia, and more Shares Alexis and Jennifer's outrageously funny and honest stories and surprisingly helpful advice Reveals Alexis and Jennifer's deepest, darkest personality quirks Shows the importance of self-acceptance, complete honesty, and a wicked sense of humor So what if you're

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not perfect—whatever! Get the real-deal advice of Alexis and Jennifer in *Whateverland*. It's definitely not your mother's self-help book.

A Guide to Improving Your Life Every Day

Become a Better You Journal

An Utterly Upbeat Guide to Using Dating Optimism to Find Your Perfect Match

New England Law Review: Volume 48, Number 2 - Winter 2014

Pirate Alley

21st Century Perspectives on Music, Technology, and Culture

The Twelfth Edition of this powerhouse best-selling text maintains its tradition as the most comprehensive, up-to-date guide to

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the music industry in all of its diversity. Readers new to the music business and seasoned professionals alike will find David and Tim Baskerville's handbook the go-to source, regardless of their specialty within the music field. Music Business Handbook and Career Guide is ideal for introductory courses such as Introduction to the Music Business, Music and Media, and other survey courses as well as more specialized courses such as the record industry, music careers, artist management, and more. The fully updated Twelfth Edition includes a comprehensive discussion of the streaming revolution and its impact on all parts of the value chain, including composers, performing artists, publishers, and labels. The

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book also analyzes shifts in the competing platforms of consumption ranging from fast-shrinking physical formats and broadcasting to downloads and subscription services. This edition offers more vignettes than ever, illustrating how individuals in different industry roles advanced their careers, as well as how they've adjusted to the intertwining influences of technology, law, and culture.

This collection presents a contemporary evaluation of the changing structures of music delivery and enjoyment. Exploring the confluence of music consumption, burgeoning technology, and contemporary culture; this volume focuses on issues of musical communities and

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the politics of media.

Basic strategies and tips for doing effective therapy with elderly clients. What is it like to be 106 years old? What are the mental health needs of someone this old, and for that matter, all elderly? Can we, as clinicians and caregivers, ever really understand old age and provide for their needs adequately? How can we prevent the physical problems they face from overwhelming the patience and care that we give? What are the most effective therapeutic tools that underlie all successful therapy work with older clients? Caring for the elderly is complex, challenging work. Often they are wrestling with a unique set of medical, psychiatric, and social challenges, all set against the backdrop of their

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approaching mortality. The therapist's job is to successfully navigate these challenges without dwelling on the inevitability of physical decline, and to provide the most compassionate, valuable treatment possible. It is with this guiding principle in mind that Marc Agronin, a dedicated geriatric clinician with years of on-the-ground experience, offers a sensitively-written and eminently practical guide that addresses the therapeutic challenges, and uncovers the top strategies for compassionate and effective work with the elderly. Therapy with older clients, Agronin argues, requires a sensitivity to the tension between the body's physical decline and its simultaneous capacity for mental growth and maturation. Therapists

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must learn to handle these seemingly opposing forces with varying client types and in different settings, and reconcile their own fears of aging, disability, and death. At times this therapeutic relationship can be difficult: medications are often not as effective as they are in younger clients, and the elderly often view change at such a late stage of life as pointless. However, Agronin encourages therapists to work with creativity and passion, persisting in their efforts by retooling their approaches, shoring up patience, and remembering that the very presence of a caring listener can bring a spectacular transformation to even the most debilitated individuals. An understanding of aging alone does not make an

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effective therapist, and Agronin offers key strategies—illustrated through real-life case examples—for dealing with countertransference, performing age-guided evaluation, working with caregivers, and handling end-of-life issues. He explains the impact of aging on the major psychiatric disorders, providing direction on how to cultivate empathy and understanding for a range of age-specific challenges. Agronin offers a compassionate, insightful narrative that explores the nuances of successful rapport-building and problem-solving that can enrich the lives of the elderly. In doing so, he gives readers a better understanding of what it means to grow old, and how cultivating a respectful, productive

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relationship—one that is inspired with curiosity and energized with creativity—can bring joy and affirmation to older clients.

"The Pro Tours' Hottest Coach" (Golf Digest) reveals the secrets that helped Phil Mickelson win the 2010 Masters and can utterly transform every player's game.

When a resurgent Phil Mickelson won the Tour Championship in September 2009, he was quick to credit a series of simple putting lessons from veteran golf champion and instructor Dave Stockton. As a top coach, Stockton has taught a long list of pro players—including Annika Sorenstam, Yani Tseng (winner of four LPGA tournaments), Adam Scott (Texas Open champion), Hunter Mahan (Phoenix Open champion), and Morgan

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Pressel (World Ladies Championship of Japan winner)-the putting strategies that finessed their game. Stockton's breakthrough concept is that every player has their own Signature Stroke, which is unconscious. Good putting comes from the mind, Stockton says, not from a series of stiff mechanical positions. With visualization, the right frame of mind, an efficient pre-putt routine, and connection to the individual internal stroke signature, any player can make far more putts. Putting has always been taught as an offshoot to the full swing, when in reality it is far different- almost a different game. Unconscious Putting will help players get out of the rigid, mechanical, overthinking trap. In Unconscious Putting,

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Stockton shows how players at every handicap level-from pros to weekend golfers-can putt effortlessly and with confidence by integrating a new mental approach with a few simple physical routines that will keep them locked on target. Readers will also gain invaluable advice on reading greens and equipment. Illustrated throughout and filled with anecdotes about how Stockton's lessons have helped today's leading players, *Unconscious Putting* is a must-have golf book and a category classic-in-the-making.

Upcycling Celebrations

The Science of Consequences

Starting Your Best Life Now

Commanding Task Force 151 Off

Somalia

An Oral History of New Wave Artists

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and Songs That Defined the 1980s
Whateverland
I'm Awesome

This latest collection of essays by columnist and talk show host, Father Jim Lisante, provides lively discussion material for individuals and groups searching for a Catholic response to contemporary issues.

Rear Admiral Terry McKnight, USN (Ret.) served as Commander, Counter-Piracy Task Force-Gulf of Aden. He wrote the first draft of the Navy's handbook on fighting piracy while serving as the initial commander of Combined Task Force 151, an international effort to deploy naval vessels from several nations in a manner designed to prevent piracy in the Gulf of Aden and farther out into the Indian Ocean. McKnight personally commanded operations

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that disrupted several hijackings in progress, and resulted in the capture of sixteen Somali pirates. That's when he ran head-on into the bizarre U.S. policy of catch-and-release, and realized that there's a lot more to fighting piracy than just catching some skinny youngsters armed with AK-47s and RPGs. After his tour in the waters off the Horn of Africa and the Arabian Peninsula, he retired from the Navy and began seriously researching the subject. As a result, he and his co-author, journalist Michael Hirsh, have put together a very readable book that serves as a comprehensive introductory course on the subject. *Pirate Alley* includes a behind-the-scenes look at the SEAL Team 6 takedown of the pirates who had kidnapped Captain Richard Phillips of the *Maersk Alabama*. It also

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reveals what a young Ph.D. candidate from Duke University found during three months on the ground in Somali pirate villages. Pirate Alley explores every aspect of Somali piracy, from how the pirates operate to how the actions of a relative handful of youthful criminals and their bosses have impacted the world economy. The book examines various answers to the question "How do you solve a problem like Somalia?" It explores the debate over the recently adopted practice of putting armed guards aboard merchant ships, and focuses on the best management practices that are changing the ways that ships are outfitted for travel through what's known as the High Risk Area. Readers will learn that the consequence of protecting high quality targets such as container ships and crude oil

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carriers may be that pirates turn to crime on land, such as the kidnapping of foreigners. The work also focuses on the worldwide economic impact of piracy, noting that despite claims that piracy is costing as much as \$13 billion a year, one of the largest commercial shipping companies argues that over-reaching national and international shipping regulations have a significantly greater negative effect on the world's economy than does piracy. In the book's conclusion, McKnight contends that, in the interest of justice, nations need to beef up their ability to prosecute and imprison captured pirates. And that the United States has no choice but to continue to hew to a policy that was first stated in Article 1 of the U.S. Constitution: The Congress shall have Power...to define and punish Piracies

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and Felonies committed on the high Seas, and Offences against the Law of Nations.

Carol Miller is indisputably America's premiere female rock 'n' roll disc jockey, as her well-deserved induction into the Rock and Roll Hall of Fame proves. In her illuminating, fascinating, sometimes heartbreaking memoir, *Up All Night*, the legendary "Nightbird" tells the story of her colorful career—her rise to success in a male-dominated music industry; her close and personal dealings with rock royalty like Bruce Springsteen (whose music she first introduced to New York radio), Sir Paul McCartney, and Steven Tyler (whom she dated)—and details openly and honestly her battle against breast cancer for the very first time.

From TV personality and radio host

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Bill Flanagan comes a highly entertaining time-traveling adventure novel about how the past never gives up its hold on the present and how even sixty-five-year-olds are still kids at heart. If you had the chance to live your life over again, knowing everything that you know now, would you take it? Would you still take it if it meant losing everything you have today? Would a second chance to correct every mistake and missed opportunity be worth giving up the world you know and the life you have built? In *Fifty in Reverse*, fifteen-year-old Peter Wyatt does just that. In the spring of 1970, Harvard psychologist Terry Canyon is introduced to Peter, a quiet kid from a wealthy family who has been suspended from ninth grade for stripping off his clothes in Algebra class. When Terry asks Peter why he

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did it, the boy explains that he was trying to “shock myself awake.” It turns out that Peter believes he is a sixty-five-year-old man who went to sleep in his home in New York in the year 2020 and woke up in his childhood bedroom fifty years earlier. Hilariously depicting Peter’s attempts to fit in as a fifteen-year-old in 1970 and to cope with the tedium, foolishness, and sexual temptations of high school as he tries to retain the sense of himself as a sixty-five-year-old man, *Fifty in Reverse* is a thought-provoking and enlightening novel about second chances and appreciating the life you have today.

How We Age

A Navy SEAL's Guide

A Guide for New Adventures and
Stages on Your Journey

Therapy with Older Clients: Key

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Strategies for Success

The Indie Band Survival Guide, 2nd
Ed.

A Novel

The Great Book of Nascar Lists

Provides humorous profiles
of different types of
American women with trait
charts, promiscuity ratings,
behaviors, and chick magnet
guidance.

Grow your faith and develop
a positive attitude with
Lakewood Church pastor Joel
Osteen's inspiring advice
about everyday living,
happiness, and personal
growth. Happy and fulfilled
people make the most of new
opportunities, live in the
present, and expect great
things from the future.

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They're living at their full potential -- and so can you! In Starting Your Best Life Now, you'll learn how to: Enlarge Your Vision Develop a Healthy Self-Image Discover the Power of Your Thoughts and Words Let Go of the Past Find Strength Through Adversity Live to Give Choose to Be Happy No matter what you're going through, it's never too late to start living your best life. Today is the day -- don't wait another minute! As entertaining as it is educational, Radio: The Book is a must-have guide to success for anyone interested in a career in radio. Providing a wealth of

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information and relating his own personal experiences, veteran radio personality, Program Director and Programming Consultant Steve Warren shares trade secrets and industry know-how that would usually take years to accumulate through experience. An invaluable advantage over your competition, this "cheat-sheet" for the radio programmer includes practical advice regarding:

- Radio as a career--from tips on getting started to job negotiations
- Programming--talk radio and music, from format science to picking the hits
- Relationships with

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listeners--everything from staying in touch with your audience to public image

- Branding, marketing, and advertising the radio station
- Research--music tests, audience analysis, ratings, and more
- Practical information about management policies
- Radio realities--information on rules and regulations

This latest edition has been updated to include:

- Important updates on an ever-evolving field
- Essential forms for radio station functions--production orders, personnel files, absentee reports, PSA schedules, format clocks,

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remote schedule, and more. to be accompanied by an on-line section of electronic forms for convenience . Ideas for successfully programming in new radio formats like satellite, internet, and cable In such a competitive industry where formal training can be hard to come by, *Radio: The Book, 4e*, is a short-cut to the fast track for current and future programmers and program directors. With an active radio broadcast career that is still exploring new ideas following s more than forty years at some of America's most prestigious radio stations (including WNBC, WHN, WNEW, and CBS radio),

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Steve Warren is more than qualified to mentor readers. Steve has competed successfully in all music formats from Easy Listening to Country to Top 40 to Oldies, always putting the listener first and now, putting you first.

Collects Marvel's Voices: Legacy (2021) #1, Black Panther (2016) #1, Moon Girl and Devil Dinosaur (2015) #1, Black History Month variants; material from Marvel's Voices (2020) #1, Marvel's Voices (2020) #1 [New Printing], Black Panther (2018) #23-25. Stories from the world outside your window, by diverse creators who are

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making theirs Marvel - and making their voices heard! Inspired by Marvel's acclaimed podcast series **MARVEL'S VOICES**, new and established writers and artists share their unique perspectives on legendary characters - including Black Panther, Storm, Blade, Ironheart, Luke Cage, Spectrum, Shuri, Doctor Voodoo, Nick Fury and the Blue Marvel. It's a dizzying array of adventures that will inspire and uplift! Plus: The opening chapter of Ta-Nehisi Coates' revolutionary **BLACK PANTHER** epic, the sensational first meeting of Moon Girl and Devil Dinosaur, and a

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stunning gallery of Ernanda Souza's Black History Month variant covers!

Broadcasting, Podcasting,
and Streaming

Listening Spaces

Fifty in Reverse

One Day at a Time for

Catholic Teens

Bringing the Moguls, the
Media, and the Magic to the
World

Field Guide to Chicks of the
United States

Media Management and
Economics Research in a
Transmedia Environment

In the tradition of Atul Gawande and Sherwin Nuland, Marc Agronin writes luminously and unforgettably of life as he sees it as a doctor. His beat is a nursing home in Miami that some would

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dismiss as “God's waiting room.” Nothing in the young doctor's medical training had quite prepared him for what he was to discover there. As Agronin first learned from ninety-eight-year-old Esther and, later, from countless others, the true scales of aging aren't one-sided—you can't list the problems without also tallying the hopes and promises. Drawing on moving personal experiences and in-depth interviews with pioneers in the field, Agronin conjures a spellbinding look at what aging means today—how our bodies and brains age, and the very way we understand aging.

When Jon Gruden asks his Tampa Bay Bucs, “Do you love football?!” it's to remind them why they pull on their shoulder pads every Sunday morning. It's not about the money or the fame; it's about their passion for what they do.

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And passion is something that has fueled Gruden's entire career. From his college playing days and his climb through the coaching ranks -- from college to assistant coaching jobs with the NFL's elite teams, to his first head coach job with the Oakland Raiders, and finally, with the Tampa Bay Bucs -- his meteoric rise is unparalleled.

Underneath it all, though, he's just a humble, hardworking, no-nonsense guy who has no hobbies: "I'm not a scratch golfer. I don't know how to bowl. I can't read the stock market. Hell, I have a hard time remembering my wife's cell phone number. But I can call 'Flip Right Double X Jet 36 Counter Naked Waggle at 7 X Quarter' in my sleep."

Now, in this motivational memoir, Gruden provides insight into what makes him tick. *Do You Love Football?!* is an intimate look at his life as a player,

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coach, and head coach, as well as the principles that have made him the hottest coach in the NFL.

How They Affect Genes, Change the Brain, and Impact Our World
Learning to Live Here

A Real-Life Guide to Raising Confident,
Loving Children the Attachment
Parenting Way

The Big Smallness
Mastering Fear