

# Integrity The Courage To Meet The Demands Of Reality

"This book shares the experiences of transgender military personnel, past and present. While a growing body of research demonstrates that a ban on open service harms the US military and that trans service members make invaluable contributions, here we turn to the experiences of the service members themselves, hearing from them in their own words"-- Integrity -- more than simple honesty, it's the key to success. A person with integrity has the ability to pull everything together, to make it all happen no matter how challenging the circumstances. Drawing on experiences from his work, Dr. Henry Cloud, a clinical psychologist and nationally syndicated radio host, shows how our character can keep us from achieving all we want to (or could) be. In Integrity, Dr. Cloud explores the six qualities of character that define integrity, and how people with integrity: Are able to connect with others and build trust Are oriented toward reality Finish well Embrace the negative Are oriented toward increase Have an understanding of the transcendent Success is not related to only talent or brains. The real factor, Cloud demonstrates, is the makeup of the person. All of us can grow in the kinds of real character that brings about fruitful relationships and achievement of purpose, mission, and goals. Integrity is not something that you either have or don't, but instead is an exciting growth path that all of us can engage in and enjoy. Inside Out and Back Again meets Millicent Min, Girl Genius in this timely, hopeful middle-grade novel with a contemporary Chinese twist. Winner of the Asian / Pacific American Award for Children's Literature!\* "Many readers will recognize themselves or their neighbors in these pages." -- Kirkus Reviews, starred review Mia Tang has a lot of secrets. Number 1: She lives in a motel, not a big house. Every day, while her immigrant parents clean the rooms, ten-year-old Mia manages the front desk of the Calivista Motel and tends to its guests. Number 2: Her parents hide immigrants. And if the mean motel owner, Mr. Yao, finds out they've been letting them stay in the empty rooms for free, the Tangs will be doomed. Number 3: She wants to be a writer. But how can she when her mom thinks she should stick to math because English is not her first language? It will take all of Mia's courage, kindness, and hard work to get through this year. Will she be able to hold on to her job, help the immigrants and guests, escape Mr. Yao, and go for her dreams? Front Desk joins the Scholastic Gold line, which features award-winning and beloved novels. Includes exclusive bonus content!

Living in a "perfect" world without social ills, a boy approaches the time when he will receive a life assignment from the Elders, but his selection leads him to a mysterious man known as the Giver, who reveals the dark secrets behind the utopian facade.

The Book Thief

How to Have That Difficult Conversation

Character Matters

Find Your Courage

The Employees, Businesses, and Relationships That All of Us Have to Give Up in Order to Move Forward

A Psychologist Learns from His Patients What Really Works and What Doesn't

The Integrity Advantage

Examines Nietzsche's thinking on the virtues using a combination of close reading and digital analysis.

In Integrity Counts, lifelong Republican and Georgia Secretary of State Brad Raffensperger speaks out against the former president's false claims of voter fraud in the 2020 election and hopes to restore confidence and trust in our country's elections.

“Brad Raffensperger put public service above party service, and for that he is a true democracy action hero, and he is also my hero. His book serves as a reminder that American democracy is bigger than any individual candidate or election.” —THE HON. ARNOLD SCHWARZENEGGER, former governor of California Integrity stands as the cornerstone of American democracy. Brad Raffensperger, Georgia Secretary of State, defended American democracy by refusing to bend to demands that he change the legitimate results of the 2020 presidential election in his state. Raffensperger’s defense of democracy made him a target of President Donald Trump for months following the election, culminating in an hour-long phone call in which the president told him, “I just want to find 11,780 votes,” the exact number he needed to win Georgia’s sixteen Electoral College votes. Once again, Raffensperger refused. Georgia voters had spoken. A lifelong conservative Republican who had financially supported President Trump’s reelection campaign and voted for Trump, Raffensperger called for a hand recount of every vote to confirm the results and affirm the integrity of Georgia’s election. Still President Trump persisted in his personal attacks. One of the most troubling questions in the wake of the 2020 election, Raffensperger says, is whether America will see every candidate who loses a major election refuse to accept the results and, instead, set out to raise money and build support on unfounded claims of fraud and corruption. To avoid that prospect, Americans must come to terms with the scope of the problem, but doing so won’t be comfortable for either party. Either party because the 2020 crisis was not unprecedented in Georgia. By November 2020, Raffensperger had been challenging the claims of a “stolen election” for nearly two years. In the fall of 2018, after Democrat Stacey Abrams lost the race for governor of Georgia, she told a crowd of supporters, “So, to be clear, this is not a speech of concession. Concession means to acknowledge an action is right, true, or proper. As a woman of conscience and faith, I cannot concede.” The similarities don’t end there, and when considered with some care, they paint a troubling picture of an all-too-bipartisan willingness to undermine the integrity of our democracy, and the public’s confidence in it, for the sake of personal and partisan gain. Integrity Counts tells Raffensperger’s inspiring story of commitment to the integrity of American democracy.

#1 NEW YORK TIMES BESTSELLER • David Brooks challenges us to rebalance the scales between the focus on external success—“r é sum é virtues”—and our core principles. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE ECONOMIST With the wisdom, humor, curiosity, and sharp insights that have brought millions of readers to his New York Times column and his previous bestsellers, David Brooks has consistently illuminated our daily lives in surprising and original ways. In *The Social Animal*, he explored the neuroscience of human connection and how we can flourish together. Now, in *The Road to Character*, he focuses on the deeper values that should inform our lives. Looking to some of the world’s greatest thinkers and inspiring leaders, Brooks explores how, through internal struggle and a sense of their own limitations, they have built a strong inner character. Labor activist Frances Perkins understood the need to suppress parts of herself so that she could be an instrument in a larger cause. Dwight Eisenhower organized his life not around impulsive self-expression but considered self-restraint. Dorothy Day, a devout Catholic convert and champion of the poor, learned as a young woman the vocabulary of simplicity and surrender. Civil rights pioneers A. Philip Randolph and Bayard Rustin learned reticence and the logic of self-

discipline, the need to distrust oneself even while waging a noble crusade. Blending psychology, politics, spirituality, and confessionals, *The Road to Character* provides an opportunity for us to rethink our priorities, and strive to build rich inner lives marked by humility and moral depth. “Joy,” David Brooks writes, “is a byproduct experienced by people who are aiming for something else. But it comes.” Praise for *The Road to Character* “A hyper-readable, lucid, often richly detailed human story.”—*The New York Times Book Review* “This profound and eloquent book is written with moral urgency and philosophical elegance.”—Andrew Solomon, author of *Far from the Tree* and *The Noonday Demon* “A powerful, haunting book that works its way beneath your skin.”—*The Guardian* “Original and eye-opening . . . Brooks is a normative version of Malcolm Gladwell, culling from a wide array of scientists and thinkers to weave an idea bigger than the sum of its parts.”—*USA Today*

**#1 NEW YORK TIMES BESTSELLER** • A timely and important book that challenges everything we think we know about cultivating true belonging in our communities, organizations, and culture, from the #1 bestselling author of *Rising Strong*, *Daring Greatly*, and *The Gifts of Imperfection* Look for Brené Brown’s new podcast, *Dare to Lead*, as well as her ongoing podcast *Unlocking Us!* **REESE’S BOOK CLUB PICK** “True belonging doesn’t require us to change who we are. It requires us to be who we are.” Social scientist Brené Brown, PhD, MSW, has sparked a global conversation about the experiences that bring meaning to our lives—experiences of courage, vulnerability, love, belonging, shame, and empathy. In *Braving the Wilderness*, Brown redefines what it means to truly belong in an age of increased polarization. With her trademark mix of research, storytelling, and honesty, Brown will again change the cultural conversation while mapping a clear path to true belonging. Brown argues that we’re experiencing a spiritual crisis of disconnection, and introduces four practices of true belonging that challenge everything we believe about ourselves and each other. She writes, “True belonging requires us to believe in and belong to ourselves so fully that we can find sacredness both in being a part of something and in standing alone when necessary. But in a culture that’s rife with perfectionism and pleasing, and with the erosion of civility, it’s easy to stay quiet, hide in our ideological bunkers, or fit in rather than show up as our true selves and brave the wilderness of uncertainty and criticism. But true belonging is not something we negotiate or accomplish with others; it’s a daily practice that demands integrity and authenticity. It’s a personal commitment that we carry in our hearts.” Brown offers us the clarity and courage we need to find our way back to ourselves and to each other. And that path cuts right through the wilderness. Brown writes, “The wilderness is an untamed, unpredictable place of solitude and searching. It is a place as dangerous as it is breathtaking, a place as sought after as it is feared. But it turns out to be the place of true belonging, and it’s the bravest and most sacred place you will ever stand.”

Character of the Kingdom

The Power of the Other

How Company Character Catalyzes Loyalty, Agility, and Hypergrowth

The Courage to Meet the Demands of Reality

Integrity Counts

Leading and Living with Integrity

How Understanding Your Mother's Influence Can Set You on a Path to a Better Life

*Do you feel that if you could get rid of some of the chaos in your work life you could take your performance to a greater level? Do you stay late at the office many nights, trying to empty an inbox that never seems to diminish? Do you have difficulty dealing with cantankerous bosses or passive-aggressive coworkers? Do you find yourself checking your BlackBerry—almost against your will—during dates, family dinners, or your children's soccer games? Do you feel fragmented, frustrated, or pulled in too many directions at once? If you've answered yes to any of the above, chances are that your work life has taken over your personal life. In *The One-Life Solution*, clinical psychologist and bestselling author Dr. Henry Cloud provides invaluable strategies for moving toward a more unified, coherent sense of self and a life that fully encompasses work, family, and spirituality. Dr. Cloud can help you: contain self-destructive behavior define yourself and know who you are set limits when needed communicate effectively improve your performance at the office and outside it Why do some leaders get and accomplish what they want as a matter of routine, while others seem to regularly experience frustration and setbacks? Why do some leaders achieve their goals and reach new heights, while others barely "hang in there" and survive? Based on his groundbreaking psychological study of the ways that successful individuals think and behave, Dr. Henry Cloud presents a simple yet profound roadmap to help leaders—and those who want to become leaders—arrive at greater levels of personal growth and corporate influence than they previously thought were possible. The good news for all of us is that leadership success is not limited to vague notions of "charisma" nor traditional advantages like graduate degrees and connections, but much more to a pattern of thinking and moving forward that learns from mistakes and stays focused on goals.*

*Explains how trust is a key catalyst for personal and organizational success in the twenty-first century, in a guide for businesspeople that demonstrates how to inspire trust while overcoming bureaucratic obstacles.*

*Many years of counseling have enabled Dr. Henry Cloud to observe people trying to work out the most important issues of life: relationships, career, fulfillment, meaning, pain, hurt, loss, despair, and addictions. If we sincerely want to "get life right" and quit repeating the same mistakes over and over again, *9 Things You Simply Must Do* provides the practical guidance we need to live life to its fullest . . . every moment.*

*The Road to Character*

*Brave Work. Tough Conversations. Whole Hearts.*

*Integrity, Courage, Imagination*

*Necessary Endings*

*Integrity LP*

*Leading and Winning with Integrity*

*Gaining the Skills for Honest and Meaningful Communication*

**Full of practical tips and how-tos, this book will help you make your relationships better, deepen your intimacy with people you care for, and cultivate more love, understanding, and respect between you and others. Successful people confront well. They know that setting healthy boundaries improves relationships and can solve important problems. They have discovered that uncomfortable situations can be avoided or resolved through direct conversation. But most of us don't know how to have difficult conversations, and we see confrontation as scary or adversarial. Authors Henry Cloud and John Townsend take the principles from their award-winning and bestselling book, *Boundaries*, and apply**

**them to a variety of the most common difficult situations and relationships in order to: Show how healthy confrontation can improve relationships Present the essentials of a good boundary-setting conversation Provide tips on preparing for the conversation Show how to tell people what you want, stop bad behavior, and deal with counterattack Give actual examples of conversations to have with your spouse, your date, your kids, your coworker, your parents, and more! This book is a practical handbook on positive confrontation that will help you finally have that difficult conversation you've been avoiding. Includes a discussion guide.**

**#1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Look for Brené Brown's new podcast, Dare to Lead, as well as her ongoing podcast Unlocking Us! NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 50 companies all ask the same question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read Daring Greatly and Rising Strong or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership.**

**Award-winning psychologist and educator Thomas Lickona offers more than one hundred practical strategies that parents and schools have used to help kids build strong personal character as the foundation for a purposeful, productive, and fulfilling life. Succeeding in life takes character, and Lickona shows how irresponsible and destructive behavior can invariably be traced to the absence of good character and its ten essential qualities: wisdom, justice, fortitude, self-control, love, a positive attitude, hard work, integrity, gratitude, and humility. The culmination of a lifetime's work in character education from one the preeminent psychologists of our time, this landmark book gives us the tools we need to raise respectful and responsible children, create safe and effective schools, and build the caring and decent society in which we all want to live.**

**Are you ready to open up to new levels of self-trust and self-love, to get where you want to go? You vowed to speak up at work, and then sat silent in the meeting yet again. You told yourself "this time the diet is going to stick," only to watch the scale inching up. You felt that something just wasn't right about someone that—until you learned the hard way that your instincts were right. "Every time you bite your tongue," teaches Kelley Kosow, "you swallow your integrity." Before Kelley Kosow was a renowned life coach and CEO, she constantly second-guessed herself, let her "to-do" lists and others steer her dreams and passions, and played it "small and safe." Inspired by the groundbreaking principles of her renowned mentor Debbie Ford, who hand-picked Kelley to be her successor, *The Integrity Advantage* is Kelley's step-by-step guide for facing the fear, shame, and false beliefs that cause us to lose our way. Through life-changing insights, true stories, and proven strategies, this book will show you how to live on your own terms—according to you—from the inside out. Join this transformational leader and motivational speaker to learn how to:**

- Connect with your inner truth and keep it growing stronger day by day
- Level up your self-love and self-trust to get where you want to go
- Embrace the totality of who you are
- Turn the tide on mediocrity
- Break free of the "gravitational pull" of your past
- Get fearless and excited about moving outside of your comfort zone
- Stop living from your "to-do" list and start living from your "bucket" list
- Become the person you want to be

**Every day, we make promises to ourselves, and then we break them. But it doesn't have to be that way. If you're ready to stop fighting with yourself, start trusting your deeper wisdom, and return to wholeness, this is the book for you.**

***Living and Leading with Integrity***

***The Character Edge***

***Braving the Wilderness***

***Leading from Your Gut***

***A Practical Guide to Ethics***

***Finding Freedom Where Fear and Courage Meet***

***Transgender Troops in Their Own Words***

When Ping admits that he is the only child in China unable to grow a flower from the seeds distributed by the Emperor, he is rewarded for his

honesty.

The former superintendent at West Point and a psychologist explain why all successful leaders rely on a foundation of strong character. Among the most successful leaders throughout history—from Abe Lincoln to Rosa Parks, Mahatma Gandhi to Susan B. Anthony, Martin Luther King, Jr. to Nelson Mandela—some were brilliant mathematicians and economists, others were creative visionaries, still others were masterful at strategic planning. Their mastery of their field wasn't the secret to their highly effective leadership. All of their skill, grit, resilience, charisma, and courage emanated from one thing: their strength of character.

Character—the moral values and habits of an individual—is in the spotlight now more than perhaps at any other point in modern history. Politicians distort facts. Corporations cheat customers and investors. Athletes are caught using illegal supplements. In addition to harming our culture at large, these failures of character have a profound and undermining impact on leadership. The authors of this book are experts on the value of character, its correlation with successful leadership, and how to build it in individuals and prospective leaders. General Robert L. Caslen, Jr. served the US Army for over 43 years and served as Superintendent at the US Military Academy at West Point. Psychologist Dr. Michael D. Matthews is a Professor of Engineering Psychology at West Point who has focused on the psychology of character for years. Together they witnessed firsthand that raw talent is not enough to stand on its own; successful leadership relies on the critical foundation of a strong character. In *The Character Edge* they leverage their perspectives to offer an empowering, story-driven argument—backed by the latest scientific research—that character is vital to success. They give readers the tools to build and sustain character in themselves and their organizations by testing readers' strengths of the gut, head and heart and teaching how to build trust and nurture the seeds of character.

Integrity. It is more than simple honesty. It's the key to success. A person with integrity has the -- often rare -- ability to pull everything together, to make it all happen no matter how challenging the circumstances. Drawing on experiences from his work with Fortune 500 companies, nonprofits, and individual leaders, Dr. Henry Cloud, a clinical psychologist and nationally syndicated radio host, shows how our character can keep us from achieving all we want to (or could) be. In *Integrity*, Dr. Cloud explores the six qualities of character that define integrity. He uses stories from well-known business leaders like Michael Dell and sports figures like Tiger Woods to illustrate each of these qualities. He shows us how people with integrity: Are able to connect with others and build trust Are oriented toward reality Finish well Embrace the negative Are oriented toward increase Have an

understanding of the transcendent Success is not related to only talent or brains. There are a lot of bright, talented people who are never successful. And the most successful are not only the ones with the most talent. The real factor, Cloud demonstrates, is the makeup of the person. All of us can grow in the kinds of real character that bring about fruitful relationships and achievement of purpose, mission, and goals. Integrity is not something that you either have or don't, but instead is an exciting growth path that all of us can engage in and enjoy.

This essential new text is designed for courses in contemporary moral issues, applied ethics, and leadership. Emphasizing personal choice in the study of ethics, the authors take the reader on a journey of self-discovery rather than a mere academic survey of the field of ethics. A Practical Guide to Ethics: Living and Leading with Integrity helps students develop their skills in ethical decision-making and put those decisions into effective practice. Its unique focus on leadership, especially the moral dimensions of understanding one's own values, teaches students to understand and, through dialog and negotiation, communicate their own beliefs as a step to building coalitions with those who may hold different views. It is also distinctive in combining ethical theory with both multicultural ethics (Confucianism, Hinduism, Islam, feminism) and a practical orientation to moral decision-making and leadership.

With Honor and Integrity

How to Build Value Through Values: Easyread Super Large 24pt Edition

9 Things You Simply Must Do to Succeed in Love and Life

Dare to Lead

The Leader in Me

How Schools and Parents Around the World are Inspiring Greatness, One Child at a Time

Moral Leadership

#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA

BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. 1939. Nazi Germany. The country is holding its breath. Death has never been busier and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she reads and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank." —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS

## ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

End Pain. Foster Personal and Professional Growth. Live Better. While endings are a natural part of business and life, we often experience them with a sense of hesitancy, sadness, resignation, or regret. But consultant, psychologist, and bestselling author Henry Cloud sees endings differently. He argues that our personal and professional lives can only improve to the degree that we can see endings as a necessary and strategic step to something better. If we cannot see endings in a positive light and execute them properly, asserts, the "better" will never come either in business growth or our personal lives. In this insightful and deeply empathetic book, Dr. Cloud demonstrates that, when executed well, "necessary endings" allow us to proactively correct the bad and the broken in our lives in order to make room for the professional and personal growth we seek. However, when endings are avoided or handled poorly—as is too often the case—good opportunities may be lost, and misery repeated. Drawing on years of experience as an executive and a psychologist, Dr. Cloud offers a mixture of advice and case studies to help you know when to have realistic hope and when to execute a necessary ending in a business or with an individual; identify which employees, projects, activities, and relationships are worth nurturing and which are not; overcome people's resistance to change and implement change that works; create urgency and an action plan for what's important; stop wasting resources needed for the things that really matter. Knowing when and how to let go of something, or someone, isn't working—a personal relationship, a job, or a business venture—is essential for happiness and success. Necessary Endings gives readers the tools they need to say good-bye and move on.

The CEO of Anaplan explains how a company's character is a critical driver of sustained success. In his career as an executive at IBM, Cisco, and now as CEO of Anaplan, Frank A. Calderoni discovered that character is just as vital for companies as it is for individuals. In *Upstanding: How Company Character Catalyzes Loyalty, Agility, and Hypergrowth*, the author explores the powerful link between corporate strategy, company culture, and individual character, and how activating this link is essential for realizing strong company character—and an essential ingredient for organizations to achieve hypergrowth, agility, and loyalty. This innovative resource features real-life examples of how today's most successful companies are building upstanding character while increasing employee engagement, happiness, and performance. The book is designed to help executives, company founders, managers, and other leaders develop strategies that supercharge organizational performance while building a strong and high-employee engagement culture—providing real-world insights from the author's own career and with a diverse cross-section of business thought leaders and CEOs of companies, both small and large, local and global. The author draws upon his experience leading a billion-dollar hypergrowth software company to explain how the fusion of culture and strategy, driven by a company's character, leads to sustained internal and external success. Designed to empower leaders to make character the cornerstone of corporate strategy, this invaluable resource: Explores what "upstanding character" means for an organization, and how building a culture based on empathy, courage, authenticity, integrity, respect, and other factors drives higher performance and value creation.

employees, customers, partners, and shareholders Reviews research on how culture drives performance, and operational practices for building upstanding organizational character and driving value-aligned behavior Features original interviews with Shantanu Narayen, Cy Wakeman, Eric Hutcherson, Kellie McElhaney, Geoffrey Moore, and other leaders inside and outside the tech sector Provides practical tools and approaches for increasing inclusion and belonging, improving communication, strengthening employee engagement, and rewarding upstanding character in employees Discusses the “Big 5” cultural values that are essential to creating upstanding company character, such as agility, collaboration, diversity, integrity, and respect With a foreword by Shantanu Narayen, Chairman and CEO of Adobe, *Upstanding: How Company Character Catalyzes Loyalty, Agility, and Growth* is essential reading for executives and business leaders interested in strategy, leadership, organizational culture, and management innovation, as well as leadership teams and HR professionals who are responsible for guiding their organization’s culture and developing its character.

Dr. Henry Cloud, bestselling author of the *Boundaries* series, offers a life-changing book that provides ten strategies for overcoming self-defeating life patterns that will redirect your mistakes and make way for success—physically, personally, and spiritually. Everyone makes mistakes, big and small. Sometimes our mistakes take us down the wrong path and send us spiraling into destructive life patterns, and sometimes we learn the lesson and never make the same mistake again. But how? How do we recognize destructive patterns, make new choices, and then follow through? In *Never Go Back*, bestselling author Dr. Henry Cloud shares ten doorways to success—and once we go through these new pathways, we never go back again. His proven method—based on grace, not guilt—outlines ten common life patterns that sabotage success and provides clear, concrete steps you can take to overcome them. You’ll see your relationships flourish, your personal life enhanced, and your faith strengthened. Dr. Cloud’s powerful message reveals doorways to understanding—once you enter them, you will get to where you were to where you want to be. With a winning combination of eternal principles, spiritual wisdom, and modern scientific data, *Never Go Back* will put your heart in the right place with yourself and with God.

The Courage to Teach

The SPEED of Trust

The Giver

Upstanding

How to Go to the Next Level--And Take Others With You

8 Quests for Boys to Grow Up with Kindness, Courage, and Grit

Standing at the Edge

No one has influenced the person you are today like your mother. The way she handled your needs as a child has shaped your worldview, your relationships, your marriage, your career, your self-image your life. *Our Mothers, Ourselves* can help you identify areas that need reshaping, to make positive choices for personal change, and to establish a mature relationship with Mom today. Drs. Henry Cloud and John Townsend steer you down a path of discovery and growth beyond the effects of six common mom types: The Phantom Mom The China Doll Mom The Controlling Mom The Trophy Mom The Still-the-Boss Mom The American Express Mom You'll learn how your mom affected you as a child and may still be

affecting you today. And you'll find a realistic and empowering approach to filling your unmet mothering needs in healthy, life-changing ways through other people. *Our Mothers, Ourselves* is a biblical route to wholeness and growth, to deeper and more satisfying bonds with your family, friends, and spouse—and to a new, healthier way of relating to your mother today.

*Leading from Your Gut* will help emerging and experienced leaders alike to hone their intuition and become the leader they were meant to be. As a leader, your decisions are critical. They have a significant effect on you and everyone around you. But the effective leader needs to have more than just logic, facts, and financials to help make the best choices. Leaders also must access their own intuition, that gut feeling inside. In *Leading from Your Gut*, you'll learn how leaders excel not just through external competencies and skills but by drawing on their internal world and personal experience. You'll explore how to harness the power of your values, thoughts, emotions, and relationships to better meet the complex demands of leadership. As you apply Townsend's principles, you will see great results in your leadership. But more importantly, you'll experience the kind of personal transformation that will enable you to lead as a whole person. This book is the revised edition of *Leadership Beyond Reason*.

From Beauty to Compassion, from Pleasure to Terror, from Resignation to Joy -- here is an insightful exploration of the rich diversity of human qualities. J. Ruth Gendler's evocative book has as its cast of familiar characters our own emotions, brought to life with a poet's wisdom and an artist's perceptive eye. In *The Book of Qualities'* magical community, Excitement wears orange socks, Faith lives in the same apartment building as Doubt, and Worry makes lists of everything that could go wrong while she is waiting for the train. In portraying the complexities of the psyche, Gendler uses the *Qualities* to bridge the distinctions between literature and psychology, and has created an original work that challenges us to look at our emotions in new and inspiring ways.

"An up-front, to the point, and honest masterpiece. You can't go wrong with this one!" —Richard Carlson, bestselling author of *Don't Sweat the Small Stuff* . . . From popular life coach and motivational speaker Margie Warrell comes an inspiring, practical guide for finding the courage to change any--or every--aspect of your life. Warrell's "12 Acts of Courage" challenges you to rethink your "life scripts," overcome everyday fears, and dream bigger. Each chapter includes proven strategies and "Courage Exercises" to help you harness their inner strength and make meaningful changes in your personal and professional lives.

*Our Mothers, Ourselves*

*How to Help Our Children Develop Good Judgment, Integrity, and Other Essential Virtues*

*The Courage Way*

*The Book of Qualities*

The startling effect other people have on you, from the boardroom to the bedroom and beyond--and what to do about it

*Integrity*

*Step into Your Truth, Love Your Life, and Claim Your Magnificence*

*"[This book is] an ... examination of how we can respond to suffering, live our fullest lives, and remain open to the full spectrum of our human experience"--Amazon.com.*

*What would radical integrity look like? We, as a generation, have lost our integrity. We struggle to be true to our countries, our families, our friends, and even ourselves. Many in the church have abandoned integrity and been swept downward into a spiral of hypocrisy and finger-pointing. How can we be full of the character of the kingdom? For the answer, internationally-known worship leaders Sean Feucht and Andy Byrd asked their "mothers and fathers in the faith" to explain what integrity really means. The result is a compilation full of insight and vulnerability on how to walk with integrity in communication, ministry, marriage, family relationships, leadership, personal finances, and times of trial.*

*An expert on the psychology of leadership and the bestselling author of *Integrity, Necessary Endings, and Boundaries For Leaders* identifies the critical ingredient for personal and*

*professional wellbeing. Most leadership coaching focuses on helping leaders build their skills and knowledge and close performance gaps. These are necessary, but not sufficient. Using evidence from neuroscience and his work with leaders, Dr. Henry Cloud shows that the best performers draw on another vital resource: personal and professional relationships that fuel growth and help them surpass current limits. Popular wisdom suggests that we should not allow others to have power over us, but the reality is that they do, for better or for worse. Consider the boss who diminishes you through cutting remarks versus one who challenges you to get better. Or the colleague who always seeks the limelight versus the one who gives you the confidence to finish a difficult project. Or the spouse who is honest and supportive versus the one who resents your success. No matter how talented, intelligent, or experienced, the greatest leaders share one commonality: the power of the others in their lives. Combining engaging case studies, persuasive findings from cutting-edge brain research, and examples from his consulting practice, Dr. Cloud argues that whether you're a Navy SEAL or a corporate executive, outstanding performance depends on having the right kind of connections to fuel personal growth and minimize toxic associations and their effects. Presenting a dynamic model of the impact these different kinds of connections produce, Dr. Cloud shows readers how to get more from themselves by drawing on the strength and expertise of others. You don't have a choice whether or not others have power in your life, but you can choose what kinds of relationships you want.*

*The Courage Way Leading and Living with Integrity Leadership can be exhausting, lonely, frustrating, disappointing, and downright discouraging. You have to make good decisions while balancing inevitable tensions and knowing when to take risks. You need to keep your values in sight regardless of the pressures around you and stay calm in the storms that arise. At its core, leadership is a daily, ongoing practice, a journey toward becoming your best self and inviting others to do the same. And at the heart of this daily practice is courage. And that's where The Courage Way comes in. It's a guide to leadership that names and explores this important resource and shows leaders how to access and draw upon courage in all that they do. It has its roots in the work of Parker J. Palmer, who in fifty years of teaching, speaking, and writing has explored the human spirit—what he has called “the inner landscape”—and its role in life and leadership. Shelly Francis identifies key ingredients needed to cultivate courage, the most fundamental being trust—in ourselves and in each other. She describes the Center for Courage & Renewal's Circle of Trust approach, centered around eleven “touchstones,” poetic and practical operating guidelines for holding the meaningful conversations of inner work and trust building. Each chapter features true stories of how leaders in all kinds of settings have overcome challenges and strengthened their organizations through touchstones like “Extend invitation, not demand,” “No fixing, saving, advising, or correcting,” and “When the going gets rough, turn to wonder.” This graceful and inspiring book is a guide to courageous leadership and a journey of self-discovery—the two are inextricable. As Francis writes, “Courage is not only in you—it is you. In your moments of courage, that's when you meet your true self.”*

*The Empty Pot*

*The One Thing That Changes Everything*

*12 Acts for Becoming Fearless at Work and in Life*

*The Warrior Challenge*

*Reclaim Your Personal Life While Achieving Greater Professional Success*

*The Quest for True Belonging and the Courage to Stand Alone*

*Conscious Business*

*Children in today's world are inundated with information about who to be, what to do and how to live. But what if there was a way to teach children how to manage priorities, focus on goals and be a positive influence on the world around them? The Leader in Me is that programme. It's based on a hugely successful initiative carried out at the A.B. Combs Elementary School in North Carolina. To hear the parents of A. B Combs talk about the school is to be amazed. In 1999, the school debuted a programme that taught The 7 Habits of Highly Effective People to a pilot group of students. The parents reported an incredible change in their children, who blossomed under the programme. By the end of the following year the average end-of-grade scores had leapt from 84 to 94. This book will launch the message onto a much larger platform. Stephen R. Covey takes the 7 Habits, that have already changed the lives of millions of people, and shows how children can use them as they develop. Those habits -- be proactive, begin with the end in mind, put first things first, think win-win, seek to understand and then to be understood, synergize, and sharpen the saw -- are critical skills to learn at a young age and bring incredible results, proving that it's never too early to teach someone how to live well. Integrity—more than simple honesty, it's the key to success. A person with integrity has the ability to pull everything together, to make it all happen no matter how challenging the circumstances. Drawing on experiences from his work, Dr. Henry Cloud, a clinical psychologist, leadership coach, corporate consultant and nationally syndicated radio host, shows how our character can keep us from achieving all we want to (or could) be. In Integrity, Dr. Cloud explores the six qualities of character that define integrity, and how people with integrity: Are able to connect with others and build trust Are oriented toward reality Finish well Embrace the negative Are oriented toward increase Have an understanding of the transcendent Integrity is not something that you either have or don't, but instead is an exciting growth path that all of us can engage in and enjoy.*

*"An illustrated handbook that teaches boys to accept their own vulnerability and trust their heads, hearts, and souls"--*

*Why do we care more about winning than about playing by the rules? Integrity - all of us are in favor of it, but nobody seems to know how to make sure that we get it. From presidential candidates to crusading journalists to the lords of collegiate sports, everybody promises to deliver integrity, yet all too often, the promises go unfulfilled. Stephen Carter examines why the virtue of integrity holds such sway over the American political imagination. By weaving together insights from philosophy, theology, history and law, along with examples drawn from current events and a dose of personal experience, Carter offers a*

*vision of integrity that has implications for everything from marriage and politics to professional football. He discusses the difficulties involved in trying to legislate integrity as well as the possibilities for teaching it. As the Cleveland Plain Dealer said, "In a measured and sensible voice, Carter attempts to document some of the paradoxes and pathologies that result from pervasive ethical realism... If the modern drift into relativism has left us in a cultural and political morass, Carter suggests that the assumption of personal integrity is the way out."*

*Front Desk (Scholastic Gold)*

*The One-Life Solution*

*Never Go Back*

*Nietzsche's Moral Psychology*

*9 Things a Leader Must Do*

*10 Things You'll Never Do Again*

*How You Can Succeed by Harnessing the Power of Your Values, Feelings, and Intuition*

"This book is for teachers who have good days and bad -- and whose bad days bring the suffering that comes only from something one loves. It is for teachers who refuse to harden their hearts, because they love learners, learning, and the teaching life." - Parker J. Palmer [from the Introduction] Teachers choose their vocation for reasons of the heart, because they care deeply about their students and about their subject. But the demands of teaching cause too many educators to lose heart. Is it possible to take heart in teaching once more so that we can continue to do what good teachers always do -- give heart to our students? In *The Courage to Teach*, Parker Palmer takes teachers on an inner journey toward reconnecting with their vocation and their students -- and recovering their passion for one of the most difficult and important of human endeavors.

*Exploring the Inner Landscape of a Teacher's Life*

*The Courage to Face the Demands of Reality*