

Christian Counselling A Comprehensive Guide 2007 976

Collins presents a program for helping others realize their maximum potentialwith a God-centered approach to life coaching. Since the beginning of the biblical counseling movement in 1970, biblical counselors have argued that counseling is a ministry of the Word, just like preaching or missions. As a ministry, counseling must be defined according to sound biblical theology rather than secular principles of psychology. For over four decades, biblical theology has been at the core of the biblical counseling movement. Leaders in biblical counseling have emphasized a commitment to teaching doctrine in their counseling courses out of the conviction that good theology leads to good counseling...and bad theology leads to bad counseling. A Theology of Biblical Counseling is a landmark new book that covers the history of the biblical counseling movement, the core convictions that underlie sound counseling, and practical wisdom for counseling today. Dr. Heath Lambert shows how biblical counseling is rooted in the Scriptures while illustrating the real challenges counselors face today through true stories from the counseling room. A substantive textbook written in accessible language, it is an ideal resource for use in training biblical counselors at colleges, seminaries, and training institutes. In each chapter, doctrine comes to life in real ministry to real people, dramatically demonstrating how theology intersects with the lives of actual counselees.

Effective counseling depends on mastering basic communication skills. In this integrative, classroom-ready text, Elisabeth Nesbit Sbanotto, Heather Davediuk Gingrich and Fred Gingrich break these skills into manageable microskills and connect them to insights and practices from Scripture, theology and spiritual formation.

Everyone talks about the personal ministry of the Word, but how do we make one-another ministry truly biblical? Gospel-Centered Counseling equips readers to change lives with Christ's changeless truth. It does so by examining life's seven ultimate questions and then guiding readers on a journey that explores the biblical, gospel-centered narrative of: The Word: "What is truth?" "Where can I find answers?" The Trinity: "Who is God?" "Can I know Him personally?" Creation: "Who am I?" "What makes people tick?" Fall: "What went wrong?" "Why do we do the things we do?" Redemption: "Can I change?" "How do people change?" Glorification: "Where am I headed?" "How does our future destiny impact our present reality?" Sanctification: "How can I help?" "How can I change lives?" Bob Kelleman builds on the foundation of the written Word and provides a gospel-centered resource for understanding people, diagnosing problems, and prescribing biblically-based solutions. Gospel-Centered Counseling is the first volume in The Equipping Christian Counselors Series, a comprehensive relational training curriculum for the local church that provides a model for equipping God's people to change lives with Christ's changeless truth. This two-volume series weaves together comprehensive biblical insight with compassionate Christian engagement.

A Theology of Biblical Counseling

Restoring the Shattered Self

Christian counselling : a comprehensive guide

Lay Counseling, Revised and Updated

Counseling and Psychotherapy

A Christian Perspective

Equipping the Christian Counselor for the Journey

Many pastors, counselors, and theologians consider this book the most helpful on the issue of marriage and divorce.

An introductory look at the principles of biblical Christian counseling, this book is sure to find a wide and enduring audience through the American Association of Christian Counselors (over 50,000 members).

Many counselors are not adequately prepared to help those suffering from complex posttraumatic stress disorder (C-PTSD). In this updated text, Heather Davediuk Gingrich provides an essential resource for Christian counselors, ably integrating the established research on trauma therapy with insights from her own thirty years of experience and an understanding of the special concerns related to Christian counseling.

The Bible provides God's solutions for every problem or issue we face in life. But how can you find the most relevant biblical counsel when you need help from God's Word? That's where The Biblical Counseling Reference Guide comes in. This comprehensive resource, developed by longtime Christian counselor June Hunt, will enable you to find the right Bible verses in response to hundreds of practical, everyday issues. Here in one volume, covering 600-plus topics, is quick access to God's perfect wisdom for all of life. Every teacher and student, counselor and coach, fellow believer and caring helper will find within these pages a treasure trove of biblical counsel for every issue people face, including... anger conflict resolution depression forgiveness grief homosexuality loneliness marital struggles overeating stress temptation victimization

Becoming a Church that Cares Well for the Abused

The Biblical Counseling Guide for Women

(A Self Help Counseling Program)

A Guide to Brief Therapy

A Handbook for Psychologists, Therapists and Pastors

The Doctrinal Foundations of Counseling Ministry

The Pastor's Book

Seasoned counselors and professors Ron Hawkins and Tim Clinton offer a comprehensive guide that empowers Christian counselors by clarifying their task, tools, and challenges. Hawkins and Clinton demonstrate that the Christian counselor's unique calling is to help people take possession of their souls that they may be like Christ.

A practicing psychologist explores the church's role in "soul care," advocating a counseling method that anchors modern therapy in timeless biblical principles.

The latest edition of this perennial bestseller instructs and updates students and clinicians on the basic principles of psychological assessment and measurement, recent changes in assessment procedures, and the most widely used tests in counseling practice today. Dr. Danica Hays guides counselors in the appropriate selection, interpretation, and communication of assessment results. This edition covers more than 100 assessment instruments used to evaluate substance abuse and other mental health disorders, intelligence, academic aptitude and achievement, career and life planning, personal interests and values, assessment of personality, and interpersonal relationships. In addition, a new chapter on future trends in assessment discusses the changing cultural landscape, globalization, and technology. Perfect for introductory classes, this text provides students and instructors with practical tools such as bolded key terminology; chapter pretests, summaries, and review questions; self-development and reflection activities; class and field activities; diverse client case examples; practitioner perspectives illustrating assessment in action; and resources for further reading. PowerPoint slides, a test bank, a sample syllabus, and chapter outlines to facilitate teaching are available to instructors by request to ACA. *Requests for digital versions from the ACA can be found on www.ica.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@icacounseling.org

Seasoned counselors and professors Tim Clinton and Ron Hawkins provide a landmark reference that offers a capstone definition of the emerging profession and ministry of the Christian counselor. Appropriate for professional counselors, lay counselors, pastors, students, and teachers, it includes nearly 300 entries by nearly 100 top Christian counselors. This practical guide focuses on functional aspects of Christian counseling and explores such important topics as...Christian counseling as a profession, ministry, and lay ministry; Spiritual and theological roots; Social, emotional, and relational issues; Skills and essentials in Christian helping; Ethical and legal considerations; Intake, assessment, diagnosis, and treatment planning; and Premarital counseling, family therapy, and substance abuse. Counselors will also find up-to-date information on solution-based brief therapy, cognitive therapy and biblical truth, and trauma and crisis intervention. An essential resource for maintaining a broad and up-to-date perspective on helping others.

A Comprehensive Resource for Christian Counselors

The New Christian Counselor

Assessment for Counseling in Christian Perspective

A Christian Counselor's Guide to Complex Trauma

Assessment in Counseling

Marriage, Divorce, and Remarriage in the Bible

A Faith-Based Integration

Assessment in counseling is an ongoing and dynamic routine to encourage movement in a productive direction toward what is truly best. In this Christian perspective on assessment, Stephen P. Greggo equips counselors to put assessment techniques into practical use, charting a course for care that brings best practices of the profession together with practices of Christian discipleship.

All that was done to us, what we have done to others, the failures, the ills, the violations of our persons, the brutalities, the perversions of life, rejections, death of loved ones, tragedies, loneliness, abandonment, Jesus paid the penalty for all these sins, and provided the means to handle the tragedies of life. We do not need to deal with these violations and tragedies on our own. Christ is in us to work out our salvation daily (Phil. 2:12-13; Gal. 2:20; 2 Cor. 5:21; Rom. 6:3-6; Ezek. 18:20). Being in Christ, we are new creatures and we are to deal with life now from the biblical perspective. Our problem is not with Satan, not with people, not with the circumstances of life, but our problem lies in our relationship with God. Our focus is to change from a concern about self, to a concern about God's glory and that is accomplished by our godly responses to others and life in general (Rom. 5:17; Cor. 5:21). Thus, the answer to healing the soul lies here: loving God by obeying His commands (John 14:21), and dealing with unresolved actions of the past in a spirit of repentance and reconciliation (Matt. 7:5).

If you are called to help people in crisis in your community, this book can show you how to use the Bible in counseling.

Counseling Techniques provides a useful resource for any type of counseling practitioner. Presenting a wide variety of the most effective and commonly used techniques associated with various diagnoses, theoretical bases, and client populations, it offers experienced therapists and students alike a single, trustworthy resource for clinical reference and guidance. Each chapter includes a user-friendly, step-by-step explanation of the techniques covered. Sections survey the following: Basic types of techniques (cognitive, behavioral, experiential, and more) Techniques for children, adolescents, adults, couples, and families Techniques for a wide variety of individual and family issues, including emotional dysregulation, shame, loss, sexual abuse, trauma, domestic violence, attachment wounds, and much more Featuring a lineup of top-notch, highly experienced counselors and thoroughly integrated with a Christian worldview, Counseling Techniques will equip therapists and students in various helping disciplines for the frequent clinical issues that arise in all forms of counseling.

Competent Christian Counseling, Volume One: Foundations and Practice of Compassionate Soul Care

How Christ Changes Lives

Revisiting Christian Nurture and Counsel

A Comprehensive and Practical Guide to Pastoral Ministry

Christian Coaching

Biblical Counseling for Today

The Popular Encyclopedia of Christian Counseling

Seasoned counselors and professors Ron Hawkins and Tim Clinton offer a comprehensive guide that empowers Christian counselors by clarifying their task: to help people take possession of their souls...through the power of the Spirit; under the authority of the Word; in a supportive community of accountability...that they may be like Christ. The authors address head-on today's enticing new im opportunities for people in pain to anesthetize themselves. But they also highlight the foundation of hope: God loves, he empowers, and he refuses to abandon his passion for connection with his children. Case studies illustrate how to help people take possession of the thinking self, the feeling self, the decision-making self, the physical self, and the relational self. This comprehensive plan for effective counseling, students, and professionals looking for ways to integrate their faith and practice.

The guidance every woman needs for any difficulty can be found in the pages of Scripture. Join counseling professor John D. Street and his wife, Janie, as they offer clear descriptions and careful direction for some of the most common physical, mental, and emotional struggles faced by women today.

Pastors are tasked with the incredibly demanding job of caring for the spiritual, emotional, and, at times, physical needs of their people. While seminary is helpful preparation for many of the challenges pastors face, there's far more to pastoral ministry than what can be covered in the classroom. Designed as a reference guide for nearly every situation a pastor will face, this comprehensive book and Doug O'Donnell is packed full of biblical wisdom and practical guidance related to the reality of pastoral ministry in the trenches. From officiating weddings to conducting funerals to visiting the sick, this book will equip pastors and church leaders with the knowledge they need to effectively minister to their flocks, both within the walls of the church and beyond.

This substantially revised and updated edition of a widely used textbook covers the major approaches to counseling and psychotherapy from a Christian perspective, with hypothetical verbatim transcripts of interventions for each major approach and the latest empirical or research findings on their effectiveness. The second edition covers therapies and techniques that are increasing in use, red

waning in importance, and includes a discussion of lay counseling. The book presents a Christian approach to counseling and psychotherapy that is Christ-centered, biblically based, and Spirit-filled.

The Christian Counselor's Manual

Biblical Counseling and the Church

Case Studies in Christian Counseling

A Comprehensive Guide for Equipping Youth Workers, Pastors, Teachers, and Parents

Gospel-Centered Counseling

An Indispensable Tool for Helping People with Their Problems

God's Care Through God's People

Church leaders need to care for individuals who have experienced various forms of abuse? As we continue to learn of more individuals experiencing sexual abuse, domestic violence, and other forms of abuse, it's clear that resources are needed to help ministries and leaders care for these individuals with love, support, and in cooperation with civil authorities. This handbook seeks to help the church take a significant step forward in its care for those who have been abused. Working in tandem with the Church Cares resources and videos, this handbook brings together leading evangelical trauma counselors, victim advocates, social workers, attorneys, batterer interventionists, and survivors to equip pastors and ministry leaders for the appropriate initial responses to a variety of abuse scenarios in churches, schools, or ministries. Though the most comprehensive training is experienced by using this handbook and the videos together, readers who may be unable to access the videos can use this handbook as a stand-alone resource.

02

The Christian Counselor's Manual is a companion and sequel to Dr. Jay Adams' influential Competent to Counsel, which first laid out a vision of "nouthetic" counseling—a strictly biblical approach to behavioral counseling and therapy. This practical guide takes the approach of nouthetic counseling introduced in the earlier volume and applies it to a wide range of issues, topics, and techniques in counseling, including: Who is qualified to be a counselor? How can counselees change? How does the Holy Spirit work? What role does hope play in therapy? What is the function of language in a counseling session? How do we ask the right questions? What often lies behind depression? How do we deal with anger? What is schizophrenia? These and hundreds more questions are answered and explained from a biblical perspective in this comprehensive resource for the Christian counselor. A full set of indexes, a detailed table of contents, and a full complement of diagrams and forms make this an outstanding reference book for and Christian counselor.

As people face addictions, deal with loss and grief, and seek help in restoring broken relationships, where can they turn for counsel and assistance? The local church has been uniquely blessed with the gift of the gospel and is able to offer hope and counsel that no other institution on earth can. In Biblical Counseling and the Church, Bob Kelleman and Kevin Carson have assembled over twenty respected ministry leaders who examine the relationship between counseling and the church. This comprehensive resource, part of the Biblical Counseling Coalition series, helps leaders and counselors develop a vision that goes beyond being a church with a biblical counseling ministry to becoming a church of biblical counseling—a church culture that is saturated by "one-another" ministry. Divided into five parts, Biblical Counseling and the Church will help church leaders: Unite the pulpit ministry of preaching the Word with the personal ministry of the Word in counseling Offer practical and theological training to equip counselors Launch and lead a counseling ministry, regardless of the size of your church Bring together the relational focus of small group ministry with the ministry of care and counseling Better understand the relationship between biblical counseling, church discipline, and conflict resolution Learn how to use counseling in outreach through "missional" biblical counseling—moving biblical counseling beyond the doors of the church and into the world

Christian Counseling Ethics

A Comprehensive Guide

The Counsel of Heaven on Earth

Counseling Techniques

A Biblical and Practical Guide for Marriage Counseling

The Biblical Basis of Christian Counseling for People Helpers

Helping Others Turn Potential Into Reality

Editor Randolph K. Sanders assembles a team of scholar-practitioners to forge a comprehensive ethical approach to Christian counseling. Christian psychotherapists, pastors and others in the counseling profession will find here a ready resource for a whole array of contemporary clinical scenarios.

For undergraduates and those pursuing a master's degree in counseling, psychology, social work, or pastoral counseling, Therapeutic Expedition is the only comprehensive basic helping skills textbook built upon a biblical world-view. Authors John C. Thomas and Lisa Sosin pull from their combined fifty years of clinical and classroom experience to prepare future counselors for their professional journey, fostering specific skills and caring in the areas of: Creating a helping relationship Assigning homework Exploring the counselee's concerns Spiritual strategies Facilitating the sessions Using metaphors Assessing the counselor The book's unique combination of qualities—a practical approach highlighting professional and personal growth based on authoritative, interdisciplinary, and biblical worldview outlooks—makes this an outstanding text within its field. Workbook exercises to foster skills application are included with each chapter.

This proven guide in pastoral counseling has been extensively expanded and revised by the author to include recent developments and research, new resources, and attention to newly urgent needs such as AIDS, eating disorders, homosexuality, and violence. Written with clarity and sensitivity, this volume builds on biblical foundations and the best resources of professional psychology. It reflects the insights the author has gained from many years of Christian counseling. New Sections include: The Legal, Ethical and Moral Issues in Counseling The Multicultural, Multiracial Issues in Counseling Conflict and Relationships Dealing with Death and Grief Alcoholism and Other Substance Abuse Crises and Trauma Counseling and Terrorism

Master the essentials of effective biblical counseling Christ-Centered Biblical Counseling is a comprehensive resource that will help you understand how to minister from God's truth to change lives. With the cumulative wisdom of almost 40 contributors with exceptional credentials and experience, you'll discover a valuable model for counseling that explains... The Why of Biblical Counseling Why the Bible is sufficient and relevant for addressing every issue we face Why biblical counseling is so effective in helping people face life's struggles in Christ's strength The How of Biblical Counseling How you can lead struggling, hurting people to the hope and strength available only in Christ How to counsel in a way that is Christ-centered and God-glorifying Every chapter provides a wonderful blend of theological wisdom and practical expertise, and is written to be accessible to everyone who wishes to extend Christ's love to others—pastors, church leaders, counseling practitioners, instructors, lay people, and students. In this massively important new book...leading figures in the biblical counseling movement set forth a wealth of wisdom. We have needed this book for a long time. —Dr. R. Albert Mohler Jr., president, Southern Baptist Theological Seminary Christ-Centered Biblical Counseling is warm, personal, gentle, always wanting to listen and know the person, confident in the Spirit's working through the Word of Christ. —Dr. Ed Welch, CCEF faculty, author of Shame Interrupted

Skills for Effective Counseling

Treating Trauma in Christian Counseling

Josh McDowell's Handbook on Counseling Youth

The Practice of Nouthetic Counseling

Counsel for Couples

The Biblical Counseling Reference Guide

Hope-Focused Marriage Counseling

You aren't a licensed marriage and family therapist. You didn't do a doctoral dissertation on pastoral counseling. You're simply God's person caring for God's people in the local church. And the marriages in your church need help. Many pastors feel ill-equipped to handle the challenges that arise when a couple is going through marital difficulties. They feel lost and inadequate. What do you say? What counsel do you offer? Should I say anything or just listen? Do I schedule a follow-up appointment? Do I ask questions? What questions? If you are or have been in this situation before, this book offers you a practical guide to get started with the first sessions and then offers specific guidance on nine of the most common topics that come up in marriage counseling. Author and pastor Jonathan Holmes offers a solid, biblical theology and methodology to help you navigate through the world of marriage counseling with the fundamental conviction that God's word is powerful enough to address the deepest of marital issues, and robust enough to handle whatever might come your way. In each chapter, you'll meet a new couple dealing with a different issue, much like the people in your church, office, and neighborhood. Though the book you'll also hear advice from several respected voices in the biblical counseling community. Whether you're a novice or already knowledgeable, Counsel for Couples provides theologically sound and biblically practical tools to help you as you help couples in need.

This one of a kind resource provides pastors, church leaders, and non-professional counselors with everything they need to establish a program for lay counseling. This new edition has been thoroughly revised and updated in light of fresh research and outlines a practical training resource that can be used to train and equip lay counselors. Filled with useful forms and questionnaires, it also provides a helpful and comprehensive survey of the programs and resources that are currently available.

In this volume in the Resources for Christian Counseling series, general editor Gary Collins seeks to answer the question: What is Christian counseling?, accompanying his answers with pertinent case studies.

In this updated and expanded version of How to Be a People Helper, Dr. Gary Collins, a well-known psychologist, shares his insights into how a person can help friends who are hurting, family, and co-workers.

How to Be a People Helper

Changing Lives with God's Changeless Truth

Foundations for Biblical Christian Counseling

Relating the Basic Teachings of Scripture to People's Problems

A Fresh Biblical and Transformational Approach

Revised and Updated

Equipping Christians for a Helping Ministry

Under the guidance of John MacArthur, the biblical counseling program at The Master's College has received international acclaim, with instructors who are recognized for their exceptional ability to apply God's truth to real-life problems. Men Counseling Men is an exciting new resource on how to counsel men about the difficulties they face. Written by the school's faculty members, it is an accessible, practical volume that will equip both trained professionals and lay people to provide solidly biblical help for men who are struggling with a variety of major life issues. Readers will learn how they can offer help and encouragement in relation to... depression parenting anger conflict resolution physical affliction sexual purity marital relationships rebuilding a marriage after adultery God's Word possesses incredible power. This book will help men experience that power as they turn to the Lord for help.

Under the guidance and approval of the American Association of Christian Counselors, more than forty Christian professionals have contributed to this reference book that provides a biblically based and empirically validated model of 21st-century Christian counseling that invites Christ into the heart of the helping process to meet the deepest needs of individuals and families.

With extensive experience treating complex trauma, Heather Gingrich and Fred Gingrich have brought together key essays representing the latest psychological research on trauma from a Christian integration perspective. This text introduces counseling approaches, trauma information, and Christian reflections for students, instructors, clinicians, and researchers alike.

In his preface to this challenging book Jeff Watson describes biblical counseling as "a noble adjective married to a nervous noun." Believers are wise to be skeptical of much that is done in the name of counseling in secular settings. Even under the umbrella of "Christian counseling," one has heard horror stories of cases where God's Word has been misused. But Jesus made the most long-term contribution to the legitimacy of marrying "biblical" and "counseling." Christian counselors, says Watson, need to cultivate three fundamental skills in their patients: How to tell their stories; How to choose their goals wisely; and How to practice changes in their lives. Watson helps counselors achieve these goals by drawing on the interactions of Christ, the commands of Scripture, and the actions of the apostles and prophets. Thus he marries counseling and biblical principles. To those of us who are called on to counsel on any level, Charles Swindoll says, "This book will become an invaluable tool for you. I urge you to let it become your manual for proper counseling."

Men Counseling Men

Christ-Centered Biblical Counseling

Biblical Counseling Manual

Christian Counseling

Care of Souls

Therapeutic Expedition

Over 580 Real-Life Topics * More than 11,000 Relevant Verses

Everett L. Worthington Jr. offers a comprehensive manual for assisting couples over common rough spots and through serious problems in a manner that is compassionate, effective and brief.

Procedures and Practices

Christian Counseling 3rd Edition