

Autobiography Of A Yogi By Paramhansa Yogananda First

Autobiography of a Yogi Paramahansa Yogananda 1946 Autobiography of a Yogi is an autobiography of Paramahansa Yogananda (January 5, 1893-March 7, 1952) first published in 1946. Paramahansa Yogananda was born as Mukunda Lal Ghosh in Gorakhpur, India, into a Bengali Hindu family. Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the Eastern and the Western world. The book begins with his childhood family life, to finding his guru, to becoming a monk and establishing his teachings of Kriya Yoga meditation. The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston, Massachusetts, USA. He then travels across America lecturing and establishing his teachings in Los Angeles, California. In 1935, he returns to India for a yearlong visit. When he returns to America, he continues to establish his teachings, including writing this book. The book is an introduction to the methods of attaining God-realization and to the spiritual wisdom of the East, which had only been available to a few in 1946. The author claims that the writing of the book was prophesied long ago by the nineteenth-century master Lahiri Mahasaya (Paramguru of

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Yogananda) also known as the Yogiraj and Kashi baba. Before becoming a yogi, Lahiri Mahasaya's actual name was Shyama Charan Lahiri. It has been in print for seventy years and translated into over fifty languages by Self-Realization Fellowship. It has been highly acclaimed as a spiritual classic including being designated by Philip Zaleski, while he was under the auspices of HarperCollins Publishers, as one of the "100 Most Important Spiritual Books of the 20th Century." It is included in the book 50 Spiritual Classics: Timeless Wisdom from 50 Great Books of Inner Discovery, Enlightenment and Purpose by Tom Butler-Bowdon. According to Project Gutenberg, the first edition is in public domain and at least five publishers are reprinting it and four post it free for online reading. The Autobiography of a Yogi takes the reader on a journey into the spiritual adventures of Paramahansa Yogananda. The book begins by describing Yogananda's childhood family life to his search for his guru, Swami Sri Yukteswar Giri, to the establishment of his first school, Yogoda Satsanga Brahmacharya Vidyalaya to his journey to America where he lectured to thousands, established Self-Realization Fellowship and visited with Luther Burbank, a renowned botanist to whom this book is dedicated.

If a swami clad in ochre robes told you to forsake your family and study yoga to achieve eternal enlightenment, would you do it? In

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Autobiography of a Yogi (1946), Indian monk and guru Paramahansa Yogananda describes the spiritual path that led him to leave India for the United States to spread the practice of kriya yoga in the early twentieth century... Purchase this in-depth summary to learn more. He was called "the 20th century's first superstar guru" (Los Angeles Times), and today, nearly a century after he arrived in the United States, he's still the best known and most beloved of all the Indian spiritual teachers who have come to the West. Now, finally, Paramahansa Yogananda has the authoritative biography he deserves. Yogananda, considered by many to be the father of modern yoga, has had an unsurpassed global impact thanks to the durability of his teachings, the institutions he created or inspired, and especially his iconic memoir, Autobiography of a Yogi. Since its publication in 1946, that book has sold millions of copies and changed millions of lives. But it doesn't tell the whole story. Much of Yogananda's seminal text is devoted to tales about other people, and it largely overlooks the three vital decades he spent living, working, and teaching in America. Huge chunks of his life –challenges, controversies, and crises; triumphs, relationships, and formative experiences –remain unknown to even his most ardent devotees. In this captivating biography, scholar and teacher Philip Goldberg fills the gaps, charting a journey that spanned six

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decades, two hemispheres, two world wars, and unprecedented social changes. The result is an objective, thoroughly researched account of Yogananda's remarkable life in all its detail, nuance, and complex humanity. But this is more than a compelling life story. "Yogananda would, I believe, want any book about him to not only inform but transform," Goldberg writes. "It is my hope that readers will be enriched, expanded, and deepened by this humble offering." That is sure to be the case for both Yogananda enthusiasts and those who discover him for the first time in these illuminating pages.

Autobiography of a Yogi is an eloquently written story of an extraordinary life and an inspiring meditation on the art of yoga. Written decades ago, this poignant autobiography still has ample vigor and relevance in today's world.

The Life of Yogananda

Timeless Wisdom From 50 Great Books of Inner Discovery, Enlightenment and Purpose

The Classic Story of One of India's Greatest Spiritual Thinkers

The Holy Science

7 easy steps to achieving freedom, happiness and success in your life

This is a pre-1923 historical reproduction that was curated for quality. Quality assurance was conducted on each of these books in an attempt to remove books with imperfections introduced by the digitization process. Though we have made best efforts - the books

may have occasional errors that do not impede the reading experience. We believe this work is culturally important and have elected to bring the book back into print as part of our continuing commitment to the preservation of printed works worldwide.

The faster the world moves, the more important it becomes to slow down and look within for what makes us truly happy. If you measure success by the quality of your life rather than just by material achievements, then the timeless wisdom of this book will speak directly to your heart and soul. For more than fifty years, this classic inspirational guide has helped hundreds of thousands of people to move through obstacles and invite all-round success fully into their lives. Filled with sensible down-to-earth wisdom, *The Law of Success* explores the spiritual sources of creativity, positive thinking, and dynamic will, as well as the success-producing power of self-analysis and meditation. It shows how each one of us can naturally attract happiness and harmony.

Chanakya, the most powerful strategist of 4th Century BC, documented his ideas on management, in the *Arthashastra*. In the present book, the author simplifies these age-old formulae for success in today's corporate world. *Corporate Chanakya on Management* applies Chanakya's wisdom across a host of areas including recruitment and employee management, finance and accounting, time management, the role of team work and organisational

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strategy. Gain from this guide and discover the Chanakya in you...

What stops you performing at your best? Your ego. Your ego is your natural defence system, triggered when strong emotions such as anxiety and fear sweep through you. When you're doing something important - preparing for an exam, taking a driving test, speaking in public, making a business presentation, or striving to improve your performance in sport - your ego is sure to interfere. By enabling you to understand your underlying motivations and anxieties, DETOX YOUR EGO helps you improve the way you go about achieving those goals. DETOX YOUR EGO takes you on a journey of self-discovery, a process that enables you to master your own ego in order to increase your health, happiness and purpose. Psychologist Steven Sylvester's inspiring and ground-breaking approach focuses on a brand new approach to winning. In DETOX YOUR EGO, Sylvester shares for the very first time the seven easy steps to be freer, happier and more successful in your life. DETOX YOUR EGO liberates you to be the best that you can be.

The Wisdom of Yogananda

**Autobiography of a Yogi by Paramhansa Yogananda:
Illustrated Edition**

Autobiography of a Yogi (Japanese)

50 Spiritual Classics

Autobiography of a Yogi By

Blast through all the baggage in your life with this

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guide to everyday enlightenment from New York Times best-selling author Kimberly Snyder. Many of us think that we just aren't enough. Not good enough, not pretty enough, not rich enough, and not happy enough. But just because we think something doesn't mean it's true. YOU ARE MORE THAN YOU THINK YOU ARE teaches you how to revise your belief system, fulfill your deepest dreams and desires, and create an epic, successful, and inspiring life.

Unlocking your True Self is the key to new levels of joy, beauty, and peace. But what is the True Self, and how can you realize its infinite potential? In this easy-to-read book, Kimberly Snyder answers these questions and shows you how to tap into this unstoppable force to transform every aspect of your life for the better. Drawing inspiration from the teachings of the great guru Paramahansa Yogananda along with personal stories and the latest scientific research, Kimberly offers simple exercises, potent ancient practices, and in-depth meditations to help you overcome negative beliefs and see yourself as you truly are—a goddess, a warrior, a lover, and a creator of your extraordinary destiny.

The Autobiography of a Yogi details his search for a guru, during which he encountered many spiritual leaders and world-renowned scientists. When it was published in 1946 it was the first introduction of many westerners to yoga and meditation. The famous opera singer Amelita Galli-Curci said about the book:

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"Amazing, true stories of saints and masters of India, blended with priceless superphysical information-much needed to balance the Western material efficiency with Eastern spiritual efficiency-come from the vigorous pen of Paramhansa Yogananda, whose teachings my husband and myself have had the pleasure of studying for twenty years."

Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the East and West. The book begins with his childhood family life, to finding his guru, to becoming a monk and establishing his teachings of Kriya Yoga meditation. The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston, Massachusetts, USA. He then travels across America lecturing and establishing his teachings in Los Angeles, California. In 1935 he returns to India for a yearlong visit. When he returns to America, he continues to establish his teachings, including writing this book.

With over four million copies in print, Parmahansa Yogananda's autobiography has been translated into thirty-three languages, and it still serves as a gateway into yoga and alternative spirituality for countless North American practitioners. This book examines Yogananda's life and work to clarify linkages between the seemingly disparate aspects of modern yoga, and illuminates the intimate connections between yoga

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and metaphysically-leaning American traditions such as Unitarianism, New Thought, and Theosophy. Instead of treating yoga as a stable practice, Anya P. Foxen proposes that it is the figure of the Yogi that give the practice of his followers both form and meaning. Focusing on Yogis rather than yoga during the period of transnational popularization highlights the continuities in the concept of the Yogi as superhuman even as it illuminates the transformation of the practice itself. Skillfully balancing traditional yogic ritual, metaphysical spirituality, physical culture, and a flair for the stage, Foxen shows, Yogananda taught a proto-modern yoga to his American audiences. His Yogoda program has remained under the radar of yoga scholarship due to its lack of reliance on recognizable postures. However, as a regimen of training for the modern Yogi, Yogananda's method synthesizes the spiritual and superhuman aspirations of Indian traditions with the metaphysical and health-oriented sensibilities of Euro-American progressivism in a way that exactly prefigures present-day transnational yoga culture. Yet, at the heart of it all, Yogananda retains a sense of what it means to be a Yogi: his message is that the natural destiny of the human is the superhuman.

The Law of Success

Marathi

*Autobiography of a Yogi (Royal Collector's Edition)
(Annotated) (Case Laminate Hardcover with Jacket)*

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(With Pictures)

Autobiography of a Yogi (Hungarian)

The life story of spiritualist Yogananda from his childhood in India to the thirty years he lived and taught in America.

Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the Eastern and the Western world. The book follows him through childhood, how he met his guru, and how he became a monk and established his teachings of Kriya Yoga meditation. He also chronicles his journey to speak in a religious congress in Boston, Massachusetts and his travels across America lecturing and establishing his teachings in Los Angeles, California. Autobiography of a Yogi has been in print for seventy years and translated into over fifty languages. It is highly acclaimed as a spiritual classic that serves as an introduction to the methods of attaining God-realization and to the spiritual wisdom of the East. One of the most famous advocates for the book was Steve Jobs, who ensured a copy was

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handed out to everyone at his memorial service. This case laminate collector's edition includes a Victorian inspired dust-jacket.

A kaleidoscope of inspiration that lets the reader delve into the ideas of many of our great spiritual thinkers.

This is the First Book reviving the Ancient Knowledge of Kriya Yoga The Science of Immortality and going back to Heavens written by Immortal Himalayan Master and Siddha Kriya Yogi Swami Yogananda who is Reincarnation of Revered Master Paramahansa Yogananda of Autobiography of a Yogi fame.

Understanding the Hidden Teachings of the Gospels

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Unabridged 1946 Edition

Path of Kriya Yoga

Moments of Truth

Title: Autobiography of a YOGIAuthor:

Paramhansa YoganandaLanguage: English

"Contains selected excerpts from Paramahansa Yogananda's book "The Second Coming of Christ: The Resurrection of the Christ Within You," which book is a commentary on the New Testament gospels and noncanonical source material, focusing on the quest to uncover the original

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teachings of Jesus"--Provided by publisher. A fascinating look at India's remarkable impact on Western culture, this eye-opening popular history shows how the ancient philosophy of Vedanta and the mind-body methods of Yoga have profoundly affected the worldview of millions of Americans and radically altered the religious landscape. What exploded in the 1960s, following the Beatles trip to India for an extended stay with their new guru, Maharishi Mahesh Yogi, actually began more than two hundred years earlier, when the United States started importing knowledge--as well as tangy spices and colorful fabrics--from Asia. The first translations of Hindu texts found their way into the libraries of John Adams and Ralph Waldo Emerson. From there the ideas spread to Henry David Thoreau, Walt Whitman, and succeeding generations of receptive Americans, who absorbed India's "science of consciousness" and wove it into the fabric of their lives. Charismatic teachers like Swami Vivekananda and Paramahansa Yogananda came west in waves, prompting leading intellectuals, artists, and scientists such as Aldous Huxley, Joseph Campbell, Allen Ginsberg, J. D. Salinger, John Coltrane, Dean Ornish, and Richard Alpert, aka Ram Dass, to adapt and disseminate what they learned from them. The impact has been enormous, enlarging our current understanding of the mind and body and dramatically changing

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how we view ourselves and our place in the cosmos. Goldberg paints a compelling picture of this remarkable East-to-West transmission, showing how it accelerated through the decades and eventually moved from the counterculture into our laboratories, libraries, and living rooms. Now physicians and therapists routinely recommend meditation, words like karma and mantra are part of our everyday vocabulary, and Yoga studios are as ubiquitous as Starbucks. The insights of India's sages permeate so much of what we think, believe, and do that they have redefined the meaning of life for millions of Americans—and continue to do so every day. Rich in detail and expansive in scope, American Veda shows how we have come to accept and live by the central teaching of Vedic wisdom: "Truth is one, the wise call it by many names." The autobiography of Paramahansa Yogananda (1893 - 1952) details his search for a guru, during which he encountered many spiritual leaders and world-renowned scientists. When it was published in 1946 it was the first introduction of many westerners to yoga and meditation. The famous opera singer Amelita Galli-Curci said about the book: "Amazing, true stories of saints and masters of India, blended with priceless superphysical information-much needed to balance the Western material efficiency with Eastern spiritual efficiency-come from the vigorous pen of Paramhansa

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***Summary of Paramahansa Yogananda's
Autobiography of a Yogi by Milkyway Media
How to Have Courage, Calmness and Confidence
The Autobiography of a Yogi***

***From Emerson and the Beatles to Yoga and
Meditation How Indian Spirituality Changed the
West***

***Reprint of the Philosophical Library 1946 Original
First Edition***

As a young man Paramhansa Yogananda embarked on a quest to find his spiritual master, which he did in the form of Swami Sri Yukteswar together they achieved 'a oneness of silence, words seemed the rankest superfluities'. A mixture of biography and scholarly reflections on the deepest mysteries of life, this is the classic text which introduced millions in the West to the teachings of meditation and kriya yoga."

Autobiography of a Yogi is at once a beautifully written account of an exceptional life and a profound introduction to the ancient science of Yoga and its time-honored tradition of meditation. Profoundly inspiring, it is at the same time vastly entertaining, warmly humorous and filled with extraordinary personages. Self-Realization Fellowship's editions, and none others, include extensive material added by the author after the first edition was published, including a final chapter on the closing years of his life.

Paramhansa Yogananda was the first yoga master of India whose mission was to live and teach in the West. In the 1920s, enthusiastic audiences filled the largest halls in America to hear him speak. His initial impact was truly impressive. But his lasting influence is greater still. This book, first published in 1946, helped launch, and continues to inspire, a spiritual revolution in the West. Only rarely

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does a sage of Paramhansa Yogananda's stature write a firsthand account of his life experiences. Followers of many religious traditions have come to recognize Autobiography of a Yogi as a masterpiece of spiritual literature. Yet, for all its depth, it is full of gentle humor, lively stories, and practical common sense. This is a verbatim reprinting of the original edition, now also including previously unreleased bonus materials. This is the only available edition that contains: The original, unedited text, as written by Yogananda himself, free from posthumous changes introduced by others. An appendix containing the final chapter, written five years after this edition was first published, presented free from all changes made after Yogananda's death. An all-new foreword and afterword, written by Swami Kriyananda, one of Yogananda's best-known direct disciples.

This extraordinary treatise explores parallel passages from the Bible and the Hindu scriptures to reveal the essential unity of all religions. Swami Sri Yukteswar is renowned as the revered guru of the great pioneer of yoga in the West, Paramahansa Yogananda (author of Autobiography of a Yogi). In this remarkable work - composed in the year 1894 at the request of the great Indian sage, Mahavatar Babaji - Sri Yukteswar outlines the universal path that every human being must travel to enlightenment. This extraordinary treatise explores parallel passages from the Bible and the Hindu scriptures to reveal the essential unity of all religions. Swami Sri Yukteswar is renowned as the revered guru of the great pioneer of yoga in the West, Paramahansa Yogananda (author of Autobiography of a Yogi). In this remarkable work - composed in the year 1894 at the request of the great Indian sage, Mahavatar Babaji - Sri Yukteswar outlines the universal path that every human being must travel to enlightenment.

The Yoga of Jesus

Russian Edition

Scientific Healing Affirmations

Autobiography Of A Yogi (pok) Size

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Corporate Chanakya on Management

*This powerful book shows you how to transform your life: -
Dislodge negative thoughts & depression - Uproot fear and
thoughts of failure ? even in the midst of trying circumstances -
Cure nervousness - Systematically eliminate worry from your life -
Overcome anger, sorrow, over-sensitivity, and a host of other
troublesome emotional responses - Learn to strengthen the heroic
element in yourself.*

*Yogananda provides a scientific explanation of the use and power
of prayer affirmations for health, success and happiness. The book
contributes to conscious understanding and application of the laws
governing the super-consciousness. Paramhansa Yogananda was
an Indian yogi and guru who introduced millions of westerners to
the teachings of meditation and Kriya Yoga through his book,
'Autobiography of a Yogi'. Included are comprehensive instructions
and a wide variety of affirmations for healing the body, developing
confidence, awakening wisdom, curing bad habits, and much more.
"...a small, beautifully produced book, that is a perfect gift to
oneself or to another. Each excerpt, which is coupled with a lovely
and delicate scene from nature, is indeed a treasure consisting of
maybe only a sentence or two, yet they are words enough to take
one to a very deep place..". -- New Age Retailer, National Review
Network Here are some of the most insightful thoughts from The
Rubaiyat of Omar Khayyam Explained (a commentary on the
classic poem) placed in a thought-a-page layout that allows
reflection on the simplicity, depth and practicality of each saying.
Perfect for private contemplation or as a gift any friend would
treasure, each illustrated excerpt is a refreshing, uplifting,
immediately helpful thought. A must for anyone seeking inspiration
and self-discovery.*

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Autobiography of a Yogi - With Pictures

You Are More Than You Think You Are

Autobiography of a Yogi: Reprint of the Original (1946) Edition

Biography of a Yogi

Autobiography of a Yogi

Selected as "One of the 100 Best Spiritual Books of the 20th Century," Yogananda's *Autobiography of a Yogi* has been translated into over 33 languages, and is regarded worldwide as a spiritual classic. It reads like an adventure story while answering questions about religion, God, existence, yoga, higher consciousness, and the challenges of daily spiritual living.

This is the 70th-anniversary edition of *Autobiography of a Yogi*. Designated one of the 100 most important spiritual books of the 20th century, this book is the reprint of the 1946 first edition, with all its intact inherent power. *Autobiography of a Yogi* is the autobiography of the realized master Paramahansa Yogananda and his encounters with spiritual figures of both the East and the West. The autobiography begins with Yogananda's childhood family life, to finding his guru, to becoming a monk and establishing his teachings of Kriya Yoga meditation. The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston, Massachusetts, USA. He then travels across America lecturing and establishing his teachings in Los Angeles, California. *Autobiography of a Yogi* is both an engaging narrative of Yogananda's life, as well as a monumental work of spiritual teaching. It has been in print for seventy years and has been highly acclaimed as a spiritual classic. A

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timeless masterpiece.

Throughout the decades, one title that continues to appear on best-seller lists is Paramahansa Yogananda's Autobiography of a Yogi. This timeless book remains a seminal work in the field of Eastern religion -- the definitive introduction to the science and philosophy of yoga meditation that draws more readers with each passing year. All our editions of the Autobiography include extensive material added by the author after the first edition was published, including a final chapter on the closing years of his life. Also included are numerous high-quality photographs and a complete subject index.

Autobiography of a Yogi introduces the reader to the life of Paramahansa Yogananda and his encounters with spiritual figures of both the Eastern and the Western world. The book begins with his childhood family life, to finding his guru, to becoming a monk and establishing his teachings of Kriya Yoga meditation. The book continues in 1920 when Yogananda accepts an invitation to speak in a religious congress in Boston, Massachusetts, USA. He then travels across America lecturing and establishing his teachings in Los Angeles, California. In 1935 he returns to India for a yearlong visit. When he returns to America, he continues to establish his teachings, including writing this book. The book is an introduction to the methods of attaining God-realization and to the spiritual thought of the East, which had only been available to a few in 1946. The author claims that the writing of the book was prophesied long ago by the nineteenth-century master Lahiri Mahasaya (Paramguru of Yogananda) also known as the Yogiraj and Kashi baba. Before becoming a yogi, Lahiri Mahasaya's actual name was Shyama Charan

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Lahiri.

Autobiography Of A Yogi (english)

Detox Your Ego

The Story of the Yogi Who Became the First Modern
Guru

Yogananda and the Birth of Modern Yoga

Autobiography Of A Yogi Bengali

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masterpiece. One Volume, 502 pages.

Excerpts from the Rubaiyat of Omar Khayyam

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Explained

Autobiography of a Yogi by Paramhansa Yogananda

Illustrated

The classic story of one of India's greatest spiritual
thinkers

American Veda

Practical Enlightenment for Everyday Life